The Institute of Learning in Retirement is a group of retirement-age active seniors who are committed to lifelong learning. Based at the Virginia Beach campus of Tidewater Community College, we enjoy intellectually stimulating lectures, discussion groups, social events, and trips.

For a yearly membership fee, you will receive a quarterly schedule of our programs and events. Classes, trips, discussion groups, and socials require registration and payment. Read more to see if joining ILR might enrich your retirement life as well.

Who we are?

The Institute for Learning in Retirement is an educational organization, planned and operated by, and for, seniors interested in learning. There are over 300 such college-sponsored institutes and centers in the U.S., and we are one of the largest in Virginia. Our ILR began in 1993 with 15 interested members, and it now has over 700 active members from Virginia Beach and surrounding cities. We are housed at the Virginia Beach campus of Tidewater Community College and are in partnership with the Virginia Library system.

Membership

ILR membership is open to all who have reached retirement age without regard to race, religion, gender, color, or national origin. Volunteers interested in enriching their retirement years run the organization, with the help of three employees who see to the business of operation.

What does it cost?

ILR members pay an annual membership fee of $20. Each class selected costs $14 per two-hour session. The ILR social, membership, and travel events are priced accordingly.

Programs

The schedule for classes and trips is offered by quarters (Jan-Mar, Apr-Jun, Jul-Sep, Oct-Dec). Members can register for programs as soon as the schedule is mailed or posted as a PDF file on the website.

Members register for the classes and activities that interest them. Topics are drawn from the arts, social issues, science and technology, history and world affairs, health-related subjects, Great Decisions, and Great Books. ILR also has special interest groups that organize as members express interest. Currently, we have Site-seers, who discuss travel, and The ILR Book Group. Call the office for contact information about these groups.

Classes

Our classes are usually two-hour presentations. Each calendar quarter, ILR offers 20 to 25 different classes planned by our Curriculum Committee. Classes meet Monday through Thursday in either the morning (10-12) or afternoon (1-3). All classes are taught on the TCC Campus in Pungo Building-F Auditorium (F-133) unless otherwise specified. Area college and university faculty teach many of our classes, but area experts and our members deliver others.

Social and Travel Opportunities

Socializing is an important aspect of ILR. The Social Committee plans luncheons, visits to museums, and holiday events. The Membership Committee organizes periodic Lunch ‘n Learn gatherings and New-Member Get-Togethers. The Travel Committee plans both day and overnight bus trips.
Course Title: Thomas Jefferson: The Conflict of Ideals (At the Chrysler Museum)
Date and Time: Tuesday, Jan. 7, 1:00-3:00
Location: Meet at Huber Court, Chrysler Museum

Course Description:
Among his many achievements—author of the Declaration of Independence and President of the United States to name just two—Thomas Jefferson was an architect. In his designs, he conveyed ideals of liberty and democracy. But he was also a slave owner. An exhibit at the Chrysler Museum explores this divergence. We will meet with a docent at the museum and tour the exhibit “Thomas Jefferson, Architect: Palladian Models, Democratic Principles, and the Conflict of Ideals.” There will be opportunity for questions and discussion.

Speaker:
This will be led by a Chrysler Museum docent.

Course Title: The Lost Attractions of Hampton Roads
Date and Time: Wednesday, Jan. 8, 10:00-12:00

Course Description:
This course will give us an understanding of the history of the tourism industry in Hampton Roads, with a focus on the late 19th century. Particular attention will be paid to beloved attractions including the amusement parks (e.g. Buckroe Beach, Ocean View, Bay Shore, Frontier City), "kitschy" attractions (e.g. Rice's Fossil Pit, Coleman's Winter Wonderland, Presidents Park) and the region's only World's Fair, the Jamestown Tercentennial Exposition of 1907.

Speaker:
Nancy E. Sheppard is a 2-time award nominated nonfiction author, historian, and public speaker who has dedicated her career to telling rich stories of Hampton Roads Virginia's history. She has guest lectured in a variety of venues, including the U.S. Capital, Virginia Museum of History and Culture, Hampton History Museum, and as part of the Dick Winters Veterans Lecture Series in Ephrata, Pennsylvania.

Course Title: Benedict Arnold
Date and Time: Thursday, Jan. 9, 1:00-3:00

Course Description:
We are going to learn about the life and military career of Benedict Arnold. Was he really a traitor?

Speaker:
Randy Flood is co-founder and Chief Executive Officer of the American Revolution Consortium for Civic Education. He is a frequent guest lecturer on topics about the American Revolution. Currently he is Vice Chairman of the Williamsburg-Yorktown American Revolution Roundtable and a co-founder of the Dr. Joseph Warren Historical Society.

Course Title: Norfolk Botanical Gardens - Past, Present, and Future
Date and Time: Monday, Jan. 13, 1:00-3:00

Course Description:
Norfolk Botanical Garden is an oasis of more than 65 themed gardens that encompass over 175 beautiful acres. Come learn about our historical start as a WPA Project in 1938 and our exciting plans for the future.

Speakers:
Martha M. Williams, Ph.D. is a retired educator who believes that one of her most important board appointments was for Norfolk Botanical Garden. As a board member, she witnessed the unfolding of the history of the original 220 African American planters who cleared the swamp to plant the WPA-era Norfolk Azalea Garden.

Michael Desplaines brings a background in horticulture, historic property restoration, and education to his role as President & CEO of Norfolk Botanical Gardens. He has a B.S. in Horticulture from the University of Rhode Island and a Master's in Education with a specialty in Historic Preservation from Plymouth State University.
Course Title: The Guns of August: An Overview of WWI
Date and Time: Wednesday, Jan. 15, 10:00-12:00

Course Description:
In August, 1914, the nations of Europe marched enthusiastically to war. All believed that the war would be over by Christmas, but in 1915 it became clear that the war had unleashed forces that no one could control. Initially committed to isolationism, the United States eventually entered the war in 1917 and by 1918 they had turned the war in favor of the Allies. Ultimately, the war and the peace that followed transformed regions like Hampton Roads and created the fault lines of the modern world.

Speaker:
Amanda Williams is a graduate of Randolph-Macon Woman’s College with a B.A. in History and Art History and received her M.A. in History from Old Dominion University. She began her career as an Archaeologist at Historic Jamestown before moving to the MacArthur Memorial in 2009 to serve as Education Manager. She specializes in military history, intelligence studies, and women’s history.

Course Title: Soundwriting in Composition: How Sound Helps Invention and Reflection in Writing
Date and Time: Thursday, Jan. 16, 1:00-3:00

Course Description:
The definition of writing has evolved in the digital era to include different literacies beyond the verbal. It embraces “texts” of various forms, including those composed with audio. I propose soundwriting — thinking through and with audio — as a composition tool that encourages playful innovation, creativity, and reflection in the writing process. This session explores soundwriting, reviews recent studies in the field, answers important questions regarding access, accessibility, and technical skill, and engages participants with hands-on activities.

Speaker:
Tom Geary received his Ph.D. in English from the University of Maryland in 2016. He has been a full-time professor at Tidewater Community College for 7.5 years (Assistant Professor from 2012-2015, Associate Professor 2015-2018, and Professor 2018-current).

Course Title: The Trojan Horse from the Party: China’s Global Propaganda
Date and Time: Tuesday, Jan. 21, 10:00-12:00

Course Description:
The Chinese Communist Party has been quietly undermining democracy and the rule of law in the world and has been striving to replace them with a “global governance” with Chinese characteristics. More recently, with newly gained confidence, the party has come out of the Trojan horse and mounted itself on a galloping horse to confront the democracies. Caught by surprise, the people in the democracies are just beginning to see the possibility of a new cold war, yet most of them have little knowledge about the Chinese Communist Party or about the full extent of its expansion.

Speaker:
Shaomin Li is an Eminent Scholar & Professor of International Business. He received a Ph.D. in Sociology from Princeton University. His research focuses on international political economy. His articles have appeared in the Wall Street Journal, The Financial Times, The New York Times, and Harvard Business Review. He was the recipient of Virginia’s Outstanding Faculty Award in 2008.

Course Title: Our Animals/Ourselves: The Blurred Line Between Humans and Animals
Date and Time: Wednesday, Jan. 22, 1:00-3:00

Course Description:
This presentation examines the complexities of the human-animal relationship. How are animals becoming, and being treated, more like humans, and to a lesser degree, how are humans becoming more like animals? How are animals becoming extensions of people’s identities, and what are the consequences of these representations for the nonhuman animals who share this world? Simply put, this talk is not about animals but about us—and the ways we regard animals.

Speakers:
Kathy Merlock Jackson (Communication), Kathy Stolley (Sociology), and Lisa Lyon Payne (Communication) are professors at Virginia Wesleyan University. They have edited a book of essays on the blurred line between humans and animals for McFarland Press. This is their second book together; their first one was on celebrity medical tourism.
★ Course Title: Introduction to Cybersecurity  
Date and Time: Thursday, Jan. 23, 10:00-12:00

Course Description:
This course provides an overview of the field of cybersecurity, including fundamental security principles, concepts, technologies and practices. It covers topics such as how to perform data encryption, how to choose strong password, how to secure web browsing, how to enable strong authentication, as well as demonstration of vulnerabilities of mobile devices and wireless networks.

Speaker:
Hongyi Wu is the Batten Chair of Cybersecurity and the Director of the Center for Cybersecurity Education and Research at Old Dominion University (ODU). He is also a Professor in the Department of Electrical and Computer Engineering and holds joint appointment in the Department of Computer Science. His research focuses on networked cyber-physical systems for security, safety, and emergency management applications, where the devices are often light weight, with extremely limited computing power, storage space, communication bandwidth, and battery supply.

★ Course Title: Wisdom and Beauty of Ancient Egypt  
Date and Time: Tuesday, Jan. 28, 10:00-12:00

Course Description:
Of all the cultures in the ancient world Egypt remains the most fascinating. It is the location of the only remaining wonder of the ancient world, the Great Pyramid of Giza. Egyptologist John Van Auken will take you on a visually fascinating tour of temples, tombs, pyramids, papyruses, jewelry, and statues in this ancient wonderland. In his thirty years of research, he has amassed some of the rarest photos and meaningful art left behind by the amazing Egyptians.

Speaker:
John Van Auken is the director of the Edgar Cayce Foundation. He has written 3 books on Ancient Egypt and has led 31 tours to Egypt. He has appeared on several TV shows including Fox’s “Opening the Tomb Live” with Dr. Zahi Hawass. You can find him on YouTube where he has presented several videos on Egypt. He has previously done classes for ILR on Mayan Art and Legends and on Meditation.

★ Course Title: The Socrates Club  
Date and Time: Monday, Jan. 27, 10:00-12:00

Course Description:
This is a regular monthly ILR offering; each session stands alone and varies in content. The speaker guides us into exploration of some deep and murky questions of life. Come prepared to examine your thinking and sharpen your viewpoint. We will go where East meets West, science meets spirituality, and knowledge meets wisdom.

Speaker:
Dr. Roshan Talreja is a retired physician and self-styled philosopher. He took his pre-med training at Cambridge and graduated from Delhi University Medical School. After completing his medical degrees in England, India and the U.S., he did his Internal Medicine Residence in 1973, a Fellowship in Cardiology in 1974 and training in Emergency Medicine in 1975. He is a member of American Medical Association and the American Philosophical Association.

★ Course Title: Understanding Opera: Rossini’s Cinderella  
Date and Time: Wednesday, Jan. 29, 1:00-3:00

Course Description:
This course will introduce students to the third production of Virginia Opera’s 2019-2020 season, Rossini’s comedic version of the tale of Cinderella. Discussions will present comprehensive musical/dramatic analysis, illustrated with audio and video excerpts. Recommended for opera beginners and aficionados alike.

Speaker:
Dr. Glenn Winters joined Virginia Opera in 2004 as Community Outreach Musical Director. He received his Ph.D. in Music from Northwestern University and holds a D.M. and M.M. in piano performance from Indiana University. He has taught college-level piano, arts administration, and has extensive performing experience as solo pianist and accompanist. Dr. Winters has sung many principal roles, including a guest appearance with the Operafestival di Roma in Italy. His compositions include three successful children’s musicals and a full-length opera, Much Ado About Nothing.
Course Title: Drugs and the Brain
Date & Time: Monday, Feb. 3, 10:00-12:00

Course Description:
Dr. Winfield returns to talk about signs and symptoms of various addictions, common treatments and effects on families.

Speaker:
Dr. Chaniece Winfield has over 10 years experience as a behavioral health practitioner specializing in substance abuse and mental health services across the life span. She is a graduate and undergraduate educator on counseling, psychology, interventions, ethics and special populations. She received her Ph.D. from Capella University.

Course Title: The History of Sculpture
Date & Time: Wednesday, Feb. 5, 10:00-12:00

Course Description:
We will journey through the history of sculpture from the early Greeks and see how it developed as it passed through the hands of Roman artists, Michelangelo, Bernini, Rodin, and 20th century masters like Calder. Watch the transition in materials from marble to stone to metal, and the change in purpose from idealism to abstraction.

Speaker:
Leonette Adler is an artist, teacher, and art historian. She was on the faculty of Norfolk Academy for many years. Her art is known throughout Hampton Roads. She is a frequent presenter at the ILR and is known for placing art in its historical context.

Course Title: Fabulous and Famous Female Monarchs of European History
Date & Time: Thursday, Feb. 6, 10:00-12:00

Course Description:
Though they were rarely the first choice for their throne, the female monarchs of Europe were known for their amazing accomplishments, fascinating lives and their paths to power. Explore extraordinary female rulers from Renaissance to present day.

Speaker:
Kathryn Cross holds a B.A. degree in European History and Journalism, an M.S. in European History. Kate taught advanced placement Modern European History at Nansemond Suffolk Academy. She is an engaging ILR speaker.

Course Title: Class Size Matters: Improving Democracy’s Classrooms
Date & Time: Tuesday, Feb. 11, 1:00-3:00

Course Description:
A retired educator tells us, from lived experience, the kind of changes that have been occurring in our public education system and some of the trends going forward. She hopes to inspire more people to become involved in public education through community-based decision-making and providing equitable funding of our schools. We need all our young people able to greet major changes in our world with confidence and creativity.

Speaker:
Dr. Joyce Salvage, Ed.D. has a combined 30-year career in teaching and research across four states. She holds a Doctorate degree in Literacy Ed., Master of Education in Literacy Ed., Master of Education in Special Ed and a Bachelor of Arts in Sociology and Social Welfare.

Course Title: East Africa: Some Key Diplomatic Considerations
Date: Wednesday, Feb. 12, 10:00-12:00

Course Description:
In terms of global strategic attention, there are few areas of the world that draw more sustained visibility than East Africa -- including the Horn of Africa. The area has about 500 million people, amazingly unique physical features such as the Great Rift Valley, the world's newest country, complex international competition networks and interesting political/economic personalities and organizations. During his many years of personal international experience, Ambassador Myrick has lived, worked and written about the region.
Speaker:
The Honorable Ambassador (ret.) Bismarck Myrick teaches political science and history at ODU and is a Senior Fellow at the United States National Defense University. He retired from the Senior Foreign Service. He served as Ambassador to the Kingdom of Lesotho and to the Republic of Liberia. He earned the Silver Star, two Bronze Stars and Purple Heart during his time in the U.S. Army. Ambassador Myrick is co-author of several books.

★★ Course Title:  What We Carry  
Date & Time:  Thursday, Feb 13, 10:00-12:00
Course Description:
The Holocaust Commission’s program provides powerful film footage of interviews with local survivors and witnesses, and archival footage of their stories of survival. Accompanying the films are vintage suitcases full of personal artifacts. These heroes are individuals who have lived among us and share their stories in hope that the evil, hatred, and intolerance of the Holocaust will never happen again. [This class was presented in October, 2018].

Speakers:
Vivian Margulies is past chair of the Holocaust Commission and currently the Cultural Arts chair. She has been involved with many commission programs over the years. Lizzie Goulart is a retired educator who taught Holocaust studies for 15 years at local schools. She has been a member of the Holocaust Commission since 2015.

★★ Course Title:  The Socrates Club  
Date & Time:  Monday, Feb 17, 10:00-12:00
Course Description:
This is a regular monthly ILR offering. Each session stands alone and varies in content. The speaker guides us into exploration of some deep and murky questions of life. Come prepared to examine your thinking and sharpen your viewpoint. We will go where East meets West…science meets spirituality and knowledge meets wisdom.

Speaker:
Dr. Roshan Talreja is a retired physician and self-styled philosopher. He took his pre-med training at Cambridge and graduated from Delhi University Medical School. After completing his medical degrees in England, India, and the U.S., he did his Internal Medicine Residency in 1973, a Fellowship in Cardiology in 1974 and special training in Emergency Medicine in 1975. He is a member of the American Medical Association and the American Philosophical Association.

★★ Course Title:  African American Soldiers in the Revolutionary War and French Aid during that War  
Date & Time:  Tuesday, Feb 18, 1:00-3:00
Course Description:
An examination of the involvement of African American Soldiers during the American War of Independence, focusing on the largely unknown leaders and their contributions to both the American and British causes. The second half of class will focus on French Aid during the American War for Independence. An overview of France’s role during the American Revolution: how it all began, the leaders who made it happen, and what the French did to help the American cause.

Speaker:
Randy Flood is co-founder and Chief Executive Officer of the American Revolution Consortium for Civic Education. He is a frequent guest lecturer on topics about the American Revolution. Currently he is Vice Chairman of the Williamsburg-Yorktown American Revolution Roundtable and a co-founder of the Dr. Joseph Warren Historical Society.

★★ Course Title:  Gems, Gemology and the Jewelry Industry  
Date & Time:  Wednesday, Feb 19, 10:00-12:00
Course Description:
The 3,000 year history of the relationship between man and gemstones, as well as detailed information on the formation of gems.

Speaker:
Mr. Stacey Apfelt is a retail goldsmith and owner of Either-Ore Jewelers. He is a lapidary and gem cutter, as well as being a GIA certified diamond appraiser.
Course Title:  Controversial Women of the New Testament  
Date & Time:  Thurs, Feb. 20, 1:00-3:00

Course Description:
In a patriarchal worldview, the presence of women sometimes creates unique challenges in biblical interpretation. From Junia and Phoebe to the distinctive women in Matthew 1, from women who speak in worship services in 1 Corinthians to Mary Magdalene and an entourage who followed Jesus, the roles of women in the New Testament and in the early church raised questions in the first century, just as they do today. Join us as we focus on specific case studies of fascinating biblical women.

Speaker:
Dr. Craig Wansink received his Ph.D. in New Testament from Yale University. After graduating from seminary in Chicago, he studied at universities in Japan, Jordan, Germany, and Israel. He has been a Professor of Religious Studies at Virginia Wesleyan University, where he also serves as the chair of the Department of Religious Studies as well as the Director of the Center for the Study of Religious Freedom. In addition, he is the senior pastor at Second Presbyterian Church in Norfolk.

Course Title:  Aging in Place 
Date & Time:  Monday, Feb. 24, 1:00-3:00

Course Description:
Over 54 million Americans 65 and older want to live independently as they age and are choosing to age-in-place. Learn guidelines for using the latest assistive technology and principles of Universal Design for a safer personal environment without sacrificing the aesthetics and comfort of your home. Included will be a session on caring for the memory impaired.

Speaker:
Shirley Confino-Rehder is an author and expert on Universal Design and the Americans with Disabilities Act and its Accessibility Guidelines. Her guide for creating and giving tours for people who are blind has been adopted in many museums in America and abroad. She is the Chair of the Norfolk Commission for Persons with Disabilities.

Course Title:  The Stuff That Dreams are Made of—Psychoactive Plants and Shamanistic Ritual  
Date & Time:  Wednesday, Feb. 26, 10:00-12:00

Course Description:
Thousands of years of experimentation by shamans and “witch doctors” led to the development of a vast pharmacopeia of plants that open doors into the “spirit world” during healing and ritual ceremonies. Exploring the origins and amazing properties of legendary plants such as Peyote and Sinicuichi takes us on a magical mystery tour that spans the globe.

Speaker:
Darrin Durling is the Associate Director of the Kaplan Orchid Conservatory at ODU. He holds a Certificate of Horticultural Training from the Royal Horticultural Society of England; a Kew Diploma of Horticulture from Royal Botanic Gardens, Kew, England and MSc in Pure and Applied Plant and Fungal Taxonomy from the University of Reading, England.

Course Title:  Understanding Opera: Verdi’s Aida 
Date & Time:  Wed., Feb. 26, 1:00-3:00

Course Description:
Highlighting Verdi’s classic tragedy of ancient Egypt, Aida, Dr. Winters will present comprehensive musical and dramatic analysis, illustrated by video and audio excerpts. Recommended for beginners and aficionados alike.

Speaker:
Dr. Glenn Winters is Community Outreach Musical Director of the Virginia Opera. He has a Ph.D. in music and a D.M and M.M in piano performance. He is an operatic baritone and has performed as a soloist and accompanist. His compositions include a full-length opera, Much Ado About Nothing.
ILR Book Group
Continues Reading and Discussing
If you love to read, come join our group!

Our very own Book Group meets the 3rd Tuesday of the month from 1:00-3:00 pm, (except July, August, December). We pick two books (a fiction and a non-fiction) for each month. If a member doesn’t get both read, it is not a big deal, but it certainly does expand one’s horizons just listening to what others have to say.

We would love to have you join us!

Questions? Contact: Janice Miller  jjmiller87@yahoo.com

JANUARY 21, 2020
Fiction: A Piece of the World, by Christina Baker Kline
Non-Fiction: The Husband Hunters, by Anne de Courcy

FEBRUARY 18, 2020
Fiction: The Bookshop of Yesterdays, by Amy Meyerson
Non-Fiction: The Mathews Men, by William Geroux

Calling All Artists!

Hobbyists and professionals, let your creative ideas flow so you can exhibit your work in our Spring Art Show.

Spring ILR Art Show
April-May 2020
TCC Joint-Use Library

If you are newly retired and feel inspired to pick up a paintbrush, pen, pencil, or point-and-shoot camera, contact the office. Fran Scott will add your name to the email list of interested artists. (757) 756-4861

All entries will need to be hanging art. The Joint-Use Library does not have a glass case for items such as painted glasses or sculpture. However, any fiber art or plaque that can be hung from a wire and hook will fit in easily.
The 26th Annual Virginia Flower & Garden Expo
2020 Theme is “Backyard Party”

Join fellow ILR members for our private behind-the-scenes orientation, given by Laurie Fox, Chair of the Expo Board and coordinator for the last six years. She knows all the secrets! This show at the Virginia Beach Convention Center is one of the few expositions remaining on the east coast that is dedicated solely to flowers and gardens.

Featuring:
- Juried vendors lend high quality to this show, attended by 8,000 people in 2019!
- Speakers, demonstrations, and make & takes are scheduled throughout the day at the stage
- Vote for the best Landscape Display
- Bring a sample of any insect, or diseased plant, to have it identified and find the cure
- Try your hand at making a moss garden
- Notice the interactive areas especially appealing to children and plan to return later in the weekend with young family or friends, at no charge, for your re-entry. To return another day, you must put your name on the returning list at the volunteer/will call office.
- Enjoy viewing unique floral displays and shopping for handy gardening tools

Location: The Virginia Beach Convention Center, 1000 19th Street, Virginia Beach, VA 23451

Date: Friday, January 24, 2020

Time and Place: at 9:30 a.m. in the lobby at the ticket office. We will gather a half hour before the general public.

Parking: Free

Lunch: The Convention Center has a café in the lobby or you may choose to go to nearby restaurants. You can return to the Expo free of charge showing your “stamped” hand.

Maximum # for orientation: 25

Sign-up deadline: Wednesday, January 15, 2020

Cost: $9.00

A Social Committee Event
Valentine’s Day Party

Location ~ Jackie Azaransky’s Home
4629 Sam Bates Court
Virginia Beach, VA 23462

Directions ~ South onto Independence Blvd.,
right onto Edwin Drive [opposite Mt. Trashmore], left
onto Southern Pines, right onto Bob Jones, right onto
Sam Bates Court.

Date ~ Friday, February 14th, 2020

Time ~ 5:30 p.m. ~…….?  

Cost ~ $6.00 per person

Bring your favorite heavy hors-d’oeuvre or dessert to share. Wine and soft drinks are provided.

Deadline ~ January 31st, 2020

An ILR Social Committee Event
Lunch ‘n Learn

YOU DON’T WANT TO MISS IT!

Enjoy Yummy Goodness catered lunch with old and new friends

**WEDNESDAY, FEBRUARY 12, 2020**

11:45 A.M. - 1:00 P.M.

TCC - BUILDING K (STUDENT CENTER), Room K-320

**COST: $5/PERSON**

Sign up so we can count you in for food and drink

**PLEASE WEAR YOUR NAME TAG**

Brought to you by the Membership Committee

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**SAVE THE DATE**

ILR’s “Annual Meeting & Luncheon”

Friday, March 27, 2020

Begins 11:30 a.m. at Atlantic Shores’ Magnolia Room

After a delicious three-course meal, Lewis McGehee will offer entertainment prior to the annual business meeting and election of 2020-21 Officers.

Exact details will follow in February, but for now,

*just mark your calendar!!*
Class Cancellations...

If a member cancels a class by phone, email or drop-in at least 4 business days in advance, during business hours, 9:30 - 3:30 p.m., M-F, the member will receive a refund check (minus a $2 administrative fee).

Note: For trips, the member will receive a refund check, but the refund will vary according to the individual trip policy.

If ILR cancels a program, the members will receive a full refund check for a class, or a trip.

Inclement Weather...

ILR follows the TCC schedule. When TCC is closed due to inclement weather, ILR classes are cancelled. When there is a 2-hour delay, any ILR morning class/meeting is cancelled, but any afternoon class/meeting will go on, unless we notify members by phone and/or email.

For up-to-date TCC closing and delay information:
1. Check local radio and TV stations (3, 10, and 13)
2. Check www.tcc.edu Notification will be on front page; scroll down
3. Call the TCC main campus info center: (757) 822-1122
4. A message is usually put on the ILR office phone...756-4861

Parking at TCC...

- Parking is free....
- For those attending ILR classes in the Pungo Bldg.-F, and the Student Center-K, drive to Parking Lot 1, and look for the orange cones. TCC security will be using them to reserve a special parking section, closest to the Pungo Bldg., for the ILR members. A security guard may be stationed at the Lot.

Thank you Security!
Begin the day with a tour of George Washington’s Boyhood Home FERRY FARM in Stafford County, Virginia. George Washington lived here from the age of six until he was grown. Learn how Washington’s mother was a woman ahead of her time.

Next we travel to RIVERSIDE CENTER FOR THE PERFORMING ARTS for LUNCH and the musical, GREASE. A variety of delicious lunch choices will be delivered to our tables before the entertainment. (We will make lunch choices after the new year.) After lunch, beverages, and coffee we will enjoy the musical performance.

GREASE is a rollicking musical about the idealism of the fifties and satire of high schoolers’ age-old desire to be provocative and rebellious. The musical focuses on the romance between the hot rodder, Danny Zuko, and the sweet new girl in town, Sandy Dumbrowski. Their secret summer romance fades with the return to school, peer-pressure, and cliques. The whole gang sings and dances around Danny and Sandy’s romance. Will their romance stand the test of high school?

Before leaving Fredericksburg, we will visit George Washington’s sister’s home KENMORE. Kenmore was built by Fielding and Betty Washington Lewis in 1775, just as the colonies began their war for independence from England. Kenmore is a fine example of an 18th century, Georgian-style house. Our tour focuses on the lives of the Lewises, decorative arts and architectural features.

WEDNESDAY, MARCH 11, 2020

MARCH 11, 2020 (WEDNESDAY)
DEPART 6:15 a.m. Walmart 1170 N. Military Hwy, Norfolk, Va
RETURN: 8:00 p.m. Walmart Approximately
CONTACT: Martha Tompkins 757-406-1655 mtompkins13@outlook.com
Jean Lewis 757-689-1324 alexlewisjr@yahoo.com
COST: $125.00 Per Person (Includes bus, snacks, lunch and show, entry fees, tips, and tours).
MINIMUM: 40; Maximum 46
SIGN-UP DEADLINE: JANUARY 20, 2020 (Monday). After that date NO refunds.

There will be walking on stairs and uneven surfaces. Plan accordingly.
Travel Committee Trip Disclosure Form

Incomplete forms will NOT be processed!

This form clarifies the policies of ILR and the commitment of the trip participant(s)

The ILR G & G*-Fredericksburg Tour

*G(orge Washington) & G(rease)

ILR Day Trip: Wednesday, March 11, 2020

Sign-up Deadline: Monday, January 20, 2020

One Bus: Minimum 40 participants; Maximum 46 participants

If interested in this outstanding trip, do not wait until the sign-up deadline to submit paperwork. Spaces are filled in the order of receipt and completion. Once the maximum (46) is reached, a numerical waitlist is kept based on the submission date of completed paperwork. If you are traveling with a friend, make certain that your paperwork is submitted simultaneously, otherwise travel for both is not guaranteed.

To secure your reservation/s for this ILR Member Trip, return this signed Trip Disclosure form, Traveler Questionnaire form, Winter Class Registration form, and Check, payable to ILR.

Please initial each statement below. If a couple (i.e. husband and wife) are traveling together, both need to initial and sign this document. Copy for your records.

_____ ILR reserves the right to cancel a trip if the minimum numbers are not met. Money will be refunded.

_____ If a member cancels after the Sign-up Deadline (01/20/2020), and a replacement from the waitlist is secured, a refund is issued, minus a $2 administrative fee.

_____ If a member cancels after the Sign-up Deadline (01/20/2020), and there is NO waitlist, ILR does not issue refunds; however, the member may secure his/her replacement with an ILR member, making financial arrangements with the replacement and notifying the ILR office no later than January 20, 2020.

_____ Wait-List Policy: If you are on the waitlist, ILR will notify you as cancellations are received. Those who are still on the waitlist at the time of the trip will be issued a full refund check.

_____ Primary communication with trip participants will be by E-mail.

Signature/s: PLEASE PRINT LEGIBLY AND SIGN

PRINTED NAME

_________________________________________ Signature_________________________________________ Date_______

PRINTED NAME

_________________________________________ Signature_________________________________________ Date_______

PLEASE SEE OTHER SIDE!

Office Use Only: Date Rec’d____________ Trip $ Pd_____________ Ck. No._____________
THE ILR G & G* FREDERICKSBURG TOUR
*G (EORGE WASHINGTON) AND G (REASE)
March 11, 2020 WEDNESDAY

Traveler Questionnaire (information)  Incomplete forms will NOT be processed!

Complete this form for trip participant/s and submit paperwork together.

#1) Printed Name: ________________________________________________________________
Legibly PRINT Email Address: _________________________________________________________
Phone: Home: ______________________  Cell: ______________________
YES____ NO____ Is it o.k. to leave messages on answering machine/voice mail?

#2) Printed Name: ________________________________________________________________
Legibly PRINT Email Address: _________________________________________________________
Phone: Home: ______________________  Cell: ______________________
YES____ NO____ Is it o.k. to leave messages on answering machine/voice mail?

LUNCH CHOICES WILL BE MADE AFTER THE NEW YEAR WHEN RIVERSIDE HAS THE NEW MENU.
AN EMAIL BLAST WILL ASK YOU FOR CHOICES.

Circle One  #1)  #2)
YES NO YES NO Will you be a volunteer photographer for the ILR website/archives?
YES NO YES NO Will you write a summary of our trip experience for the ILR website?

#1) Emergency Contact information
Emergency Contact Name: ________________________________ Relationship _______________
Emergency Contact phone number/s: ______________________________________________________________________

#2) Emergency Contact information
Emergency Contact Name: ________________________________ Relationship _______________
Emergency Contact phone number/s: ______________________________________________________________________

Gratuities included in the cost of the trip: bus driver, restaurant servers. Additional “gifts” are a personal choice.

Questions? Please contact one of the travel committee members listed below, not the ILR Office:
Martha Tompkins mtjtomkins13@outlook.com (757) 406-1655
Jean Lewis alexlewisjr@yahoo.com (757) 689-1324

PLEASE SEE OTHER SIDE...
## WINTER 2020 CLASS REGISTRATION

<table>
<thead>
<tr>
<th>Location</th>
<th>Date</th>
<th>Time</th>
<th>JANUARY</th>
<th>Name(s) of Registrants</th>
<th>Cost $</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chrysler Museum</td>
<td>7 (Tues)</td>
<td>1 pm</td>
<td>Thomas Jefferson: Conflict of Ideals</td>
<td></td>
<td>14.</td>
</tr>
<tr>
<td>F-133*</td>
<td>8 (Wed)</td>
<td>10 am</td>
<td>Lost Attractions of Hampton Roads</td>
<td></td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>9 (Thur)</td>
<td>1 pm</td>
<td>Benedict Arnold</td>
<td></td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>13 (Mon)</td>
<td>1 pm</td>
<td>Norfolk Botanical Gardens – Past, Present, Future</td>
<td></td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>16 (Thur)</td>
<td>1 pm</td>
<td>Soundwriting in Composition</td>
<td></td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>21 (Tues)</td>
<td>10 am</td>
<td>The Trojan Horse from the Party of China</td>
<td></td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>22 (Wed)</td>
<td>1 pm</td>
<td>Our Animals / Ourselves</td>
<td></td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>23 (Thur)</td>
<td>10 am</td>
<td>Introduction to Cybersecurity</td>
<td></td>
<td>14.</td>
</tr>
<tr>
<td>Convention Ctr</td>
<td>24 (Fri)</td>
<td>9:30 a</td>
<td>26th Annual Va. Flower &amp; Garden Expo</td>
<td>(Sign-up deadline: Wed., Jan. 15) (Max. 25)</td>
<td>9.</td>
</tr>
<tr>
<td>F-133</td>
<td>27 (Mon)</td>
<td>10 am</td>
<td>The Socrates Club</td>
<td></td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>28 (Tues)</td>
<td>10 am</td>
<td>Wisdom &amp; Beauty of Ancient Egypt</td>
<td></td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>29 (Wed)</td>
<td>1 pm</td>
<td>Understanding Opera: Rossini’s Cinderella</td>
<td></td>
<td>14.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><strong>FEBRUARY</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>F-133</td>
<td>3 (Mon)</td>
<td>10 am</td>
<td>Drugs and the Brain</td>
<td></td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>5 (Wed)</td>
<td>10 am</td>
<td>The History of Sculpture</td>
<td></td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>6 (Thur)</td>
<td>10 am</td>
<td>Female Monarchs of European History</td>
<td></td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>11 (Tues)</td>
<td>1 pm</td>
<td>Improving Democracy’s Classrooms</td>
<td></td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>12 (Wed)</td>
<td>10 am</td>
<td>East Africa – Key Diplomatic Considerations</td>
<td></td>
<td>14.</td>
</tr>
<tr>
<td>K-320</td>
<td>12 (Wed)</td>
<td>11:45 a</td>
<td>Lunch ‘n Learn</td>
<td></td>
<td>5.</td>
</tr>
</tbody>
</table>

**TOTAL (this page)**

*NOTE: F-133 is known as the “PUNGO AUDITORIUM” (in TCC’s Pungo Bldg.-F)
<table>
<thead>
<tr>
<th>Location</th>
<th>Date</th>
<th>Time</th>
<th>Name(s) of Registrants</th>
<th>Cost $</th>
</tr>
</thead>
<tbody>
<tr>
<td>F-133</td>
<td>13 (Thur)</td>
<td>10am</td>
<td>What We Carry</td>
<td>14.</td>
</tr>
<tr>
<td>Azaransky Home</td>
<td>14 (Fri)</td>
<td>5:30p</td>
<td>Valentine’s Day Party</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>(Sign-up deadline: Jan. 31) (Max. 45)</td>
<td>6.</td>
</tr>
<tr>
<td>F-133</td>
<td>17 (Mon)</td>
<td>10am</td>
<td>The Socrates Club</td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>18 (Tues)</td>
<td>1 pm</td>
<td>African American Soldiers and French Aid during the Revolutionary War</td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>19 (Wed)</td>
<td>10am</td>
<td>Gems, Gemology &amp; the Jewelry Industry</td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>24 (Mon)</td>
<td>1 pm</td>
<td>Aging in Place</td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>26 (Wed)</td>
<td>10am</td>
<td>The Stuff That Dreams Are Made Of</td>
<td>14.</td>
</tr>
<tr>
<td>F-133</td>
<td>26 (Wed)</td>
<td>1 pm</td>
<td>Understanding Opera: Verdi’s Aida</td>
<td>14.</td>
</tr>
<tr>
<td>Walmart pkg lot</td>
<td>11 (Wed)</td>
<td>6:15 a</td>
<td>G &amp; G Fredericksburg Tour</td>
<td>125.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>(Sign-up deadline: Mon., Jan 20.....NO Refunds after that date)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>(Min: 40/ Max: 46)</td>
<td></td>
</tr>
</tbody>
</table>

**Remember: SAVE THE DATE**

ILR’s “Annual Meeting & Luncheon” and election of 2020-21 Officers
Friday, March 27, 2020

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**ILR reserves the right to cancel and/or make changes to classes, as necessary.**

**All members, please sign this form before returning to the office!**

I do not hold Tidewater Community College or The Institute for Learning in Retirement, responsible for any injury which may occur during a special event, off-campus class or field trip, in which I participate.

Signature_______________________________________________ Date____________________

Signature_______________________________________________ Date____________________

**ILR does not discriminate with respect to race, color, sex, religion or national origin**