



Institute for Learning in Retirement

Tidewater Community College, Princess Anne Bldg.-A Room A103

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SCHEDULE OF EVENTS FOR FALL 2021 – TCC & ZOOM

ILR does not discriminate with respect to race, color, sex, religion, or national origin.

The opinions expressed by our speakers are not necessarily the opinion of ILR or Tidewater Community College

PLEASE NOTE: COVID restrictions have changed the availability of some Opportunities mentioned below.

The Institute of Learning in Retirement is a group of retirement age active seniors who are committed to life-long learning. Based at the Virginia Beach campus of Tidewater Community College, we enjoy intellectually stimulating lectures, discussion groups, social events, and trips. For a yearly membership fee, you will receive a quarterly schedule of our programs and events. Classes, trips, discussion groups, and socials require registration and payment.

There are over 300 such college-sponsored institutes and centers in the U.S., and we are one of the largest in Virginia. Our ILR began in 1993 with 15 interested members, and it now has as many as 900 active members from Virginia Beach and surrounding cities. We are housed at the Virginia Beach campus of Tidewater Community College and are in partnership with the Virginia Library system.

Membership

ILR membership is open to all who have reached retirement age without regard to race, religion, gender, color, or national origin. Volunteers interested in enriching their retirement years run the organization, with the help of two employees who see to the business of operation.

What does it cost?

ILR members pay an annual membership fee of \$20. Each class selected costs \$14 per two-hour session. The ILR social, membership, and travel events are priced accordingly.

Programs

The schedule for classes and trips is offered by quarters (Jan-Mar, Apr-Jun, Jul-Sep, Oct-Dec). Members can register for programs as soon as the schedule is mailed or posted on the ILR website. (ilrvb.org > current forms&flyers)

Members register for the classes and activities that interest them. Topics are drawn from the arts, social issues, science and technology, history and world affairs, and health-related subjects. ILR also has special interest groups that organize as members express interest. Currently we have SITESEERS, who discuss travel, and the ILR Book Group, Great Books and Great Decisions. Call the office for contact information about these groups.

Our classes are usually two-hour presentations. Each calendar quarter, ILR offers 20 to 25 different classes planned by our Curriculum Committee. Classes meet Monday through Thursday in either the morning (10-12) or afternoon (1-3). Area college and university faculty teach many of our classes, but area experts and our members deliver others. **All classes are taught on the TCC Virginia Beach Campus in the Pungo (F) Building Auditorium (Room F-133), and/or Zoom unless otherwise specified.** (See Registration form for Location details.)

Social and Travel Opportunities

Socializing is an important aspect of ILR. The Social Committee plans luncheons, visits to museums, and holiday events. The Membership Committee organizes periodic Lunch & Learn gatherings and New-Member Get-Togethers. The Travel Committee plans both day and overnight bus trips.

Class Cancellations

If a member cancels a class by phone, email, or drop-in at least 4 business days in advance, during business hours, 9:30-3:30p.m., M-F, the member will receive a refund check, minus a \$2 administrative fee. For trips, the refund will vary according to the individual trip policy. (The \$2 administrative fee also applies.) The member will receive a refund check. If the ILR cancels a program, the members will receive a full refund.

Inclement Weather

When TCC is closed due to inclement weather, ILR classes are cancelled. When there is a 2-hour delay, any ILR morning class/meeting is cancelled, but any afternoon class/meeting will be held, unless members are notified. Closing and Delay Information: Local radio and TV stations (3,10, & 13); Notification on www.tcc.edu; Campus info center: (757) 822-1122; ILR Office Phone: 756-4861.

Parking at TCC (when we are back on-campus)

Parking is free. For Pungo Bldg, F, and the Student Center K, DRIVE TO Parking Lot 1 (closest to Princess Anne Rd.) and look for the orange cones. This area is reserved for ILR members. If available, a TCC security guard may be stationed at the Lot for assistance.

Dear ILR Members,

As we prepare for the return of our October & November classes to the Tidewater Community College Virginia Beach Campus, Pungo Building Auditorium, please be aware of the following:

Covid Protocols: ILR will be following all CDC, State and TCC Covid protocols that are applicable at the time of the classes. In addition, the Pungo Auditorium is large enough to allow plenty of social distancing and TCC will do Covid-level cleaning between classes. Your health is our primary concern and we will provide email updates as they become available.

Types of Class Presentations: During this time of transition, ILR plans to offer the following class presentation options, based on the speaker's availability. To determine how your chosen class will be presented, check the "Location" line of the class descriptions given in this schedule. Also, on the Registration form, the "Location" column will show either "TCC-P", "TCC-Z" or "Zoom".

- ❖ **TCC-Pungo:** (aka In-person; TCC-P) Unless the Covid situation changes, **many** of our classes will be offered in-person in the Pungo Auditorium, our traditional home at TCC. (Zoom not included.)
- ❖ **TCC/Zoom:** (TCC-Z) These classes will be offered in-person in the TCC Pungo Auditorium AND on Zoom simultaneously. The speaker will be at TCC. Zoom participants will be able to see the speaker's slides and hear the speaker. The speaker may walk away from the limited scope of the camera, so their face may not be visible all of the time. Questions may be asked through Zoom or in-person. The Zoom link will be sent to all who register. **Each Member** may decide which method of class attendance is preferred. You do not need to notify the office in advance of your choice, simply plan to be either at TCC or at your computer before class begins.
- ❖ **Zoom:** (Zoom Only) These classes will **only** be offered via Zoom. Registered members will be sent a Zoom link to access the class.

Photography: The ILR reserves the right to take photographs or videos during the operation of any program or part thereof and to use them, whether taken by a representative of the ILR or by other participants, for promotional purposes. By enrolling in an ILR program, participants agree to allow their images to be used in such photography; participants who prefer that their images not be used are asked to identify themselves to program staff and the photographer at the commencement of their program.

Amazing Classes Await. Let the Fun Begin!!



Course Title: Heat Vulnerability and Risk in Tidewater

Date and Time: Tuesday, Oct. 5, 10:00 -12:00

Location: TCC-Pungo Auditorium & Zoom

Course Description:

NOAA statistics show that heat kills more people on average than any other natural disaster, and yes, this includes hurricanes, tornadoes, and floods. Climate change modifies heatwaves – these events are becoming more frequent, lasting longer, and more intense. A large portion of Tidewater’s population is at risk – the elderly, individuals with pre-existing conditions, outdoor workers, tourists, and agricultural field workers. In partnership with the Science Museum of Virginia, Dr. Allen will discuss the results of a recent community-based heat assessment conducted in Norfolk designed to assess the far-reaching impact of climate and health outcomes.

Speaker:

Michael Allen, Ph.D. is an Associate Professor and currently serves as the Geography Program Director at Old Dominion University. Dr. Allen obtained a B.S. in Earth Science – Meteorology from California University of Pennsylvania and advanced degrees (M.A; Ph.D.) in Geography from Kent State University. His research explores how climate impacts the health, wealth, and well-being of humanity. Working to improve climate literacy, he has coordinated K-16 educational workshops with the Virginia Geographic Alliance and incorporates aspects of climate literacy and used the National Geographic Society Geo-Inquiry process. His research has appeared in National Geographic, and he has been interviewed by Delmarva Today, TIMES, and appeared on WAVY-TV.



Course Title: Mary Lincoln’s Dressmaker and Confidante, Elizabeth Keckly

Date and Time: Wednesday, Oct. 6, 10:00 - 12:00

Location: Zoom only

Course Description:

Born to an enslaved mother in 1818, Elizabeth Keckly’s childhood and early adult years were tumultuous. Her talents as a seamstress were

instrumental in her successful pursuit of freedom. Her career took off in St. Louis and later led her to Baltimore and then on to Washington, D.C., where she became one of the most sought-after dressmakers among the elite and, eventually, the friend and confidante of First Lady Mary Todd Lincoln. In addition to her career as a seamstress, Mrs. Keckly was also the founder of the Contraband Relief Association and a writer, among other pursuits. Join us as we explore Mrs. Keckly’s fascinating life.

Speaker:

Kathryn Cross received a B.S. degree in European History and Journalism from Washington and Lee University in 2008. She was awarded a M.S. in European History from Old Dominion University. She is presently a Candidate for Ph.D. in International Studies at Old Dominion University



Course Title: Comte DeGrasse and the Siege of Yorktown

Date and Time: Thursday, Oct. 7, 1:00 – 3:00

Location: TCC-Pungo Auditorium & Zoom

Course Description:

Who was DeGrasse? Why is he so Important to American Independence? Admiral DeGrasse was the commander of the French Naval fleet that was instrumental in prohibiting British reinforcements from arriving at Yorktown in September, 1781, to rescue Lord Cornwallis’ army. He was also involved with the naval battle, known as “The Battle of the Capes” or “The Battle of the Chesapeake” which helped to spur peace talks to end the Revolutionary War.

Speaker:

Randy Flood is a co-founder and Chief executive officer of the American Revolution Consortium for civic education; a non-profit organization established to educate citizens about the American revolution with an emphasis on History, Civics, World Geography, Economics, and Historic Preservation.

★ **Course Title: Philosophical Reflections on Greed, Prosperity, and Happiness**
Date and Time: Monday, Oct. 11, 1:00 – 3:00
Location: Zoom only

Course Description:

Drawing on the writings of philosophers from ancient times to the present, this lively talk explores the relationship between wealth and happiness. Special attention is given to the role that greed plays in shaping Western and Buddhist ideas about prosperity and human flourishing

Speaker:

Dr. Steven Emmanuel is the Dean of the Susan S. Goode School of Arts and Humanities at Virginia Wesleyan University. He received his Ph.D. from Brown University and his Bachelor of Arts from Boston University. He was a Fulbright Fellow at the University of Copenhagen from 1985-1986.

★ **Course Title: Jazz Revisited**
Date and Time: Tuesday, Oct. 12, 10:00 - 12:00
Location: TCC-Pungo Auditorium & Zoom

Course Description:

The class will be a compilation of jazz history, focusing on pivotal individual musicians, singers, big bands, and odd couples, as well as new material. We'll cover historical highlights, jazz legends, and lesser-known talents. Recordings, videos, and class interaction will combine to provide a fun and educational event.

Speaker:

William Macchia is a retired dentist who has played music since age 10. His professional musical experience, which began in high school, encompassed most styles including dance, jazz, R&B, and a limited number of classical performances. He has been onstage with or accompanied a wide range of performers including Leslie Uggams from the Mitch Miller show, Clark Terry, Randy Brecker, Frank Foster, the Mills Brothers, and the Temptations. In addition to playing in pit orchestras for many locally produced (CT) shows, he has played in a number of swing, jazz, and dance big bands.

★ **Course Title: Hitchcock in the 40's**
Date and Time: Thursday, Oct. 14, 10:00 - 12:00
Location: TCC-Pungo Auditorium & Zoom

Course Description:

After a stellar career in Great Britain, Alfred Hitchcock came to America and made a dozen movies in the 1940s. Hitchcock expert Bill Myers will explore them in "Hitchcock in the 40s". In 1940 he directed two movies that were both nominated for a Best Picture Oscar, and one of them won. Bill will look at all of his classics, and some of his lesser-known films, including a couple of shorts, in this class which will include plenty of film clips.

Speaker:

Bill Myers is retired from teaching Television Production for 16 years at the Virginia Beach Tech Center. After receiving his degree from Marietta College in Ohio, he settled in the Hampton Roads area. His professional career included major radio and television production, including jobs at Channel 3, CBN, WNIS and TCC. He has long been an enthusiastic Hitchcock fan.

★ **Course Title: Local Cases of an FBI Agent**
Date and Time: Monday, Oct. 18, 1:00 - 3:00
Location: TCC-Pungo Auditorium & Zoom

Course Description:

This will be a follow-up discussion regarding the career of an FBI Agent. Two investigations will be discussed:

- Robert Hanssen was a veteran FBI counter-intelligence Agent and is considered the most damaging spy in FBI history
 - The Building 2 shooting investigations in Va Beach.
- This course will be interactive, and all questions are welcome.

Speaker:

Martin Culbreth served in the FBI for 25 years. He started as a street agent in 1995 and investigated White Collar, Counterintelligence, Drug, and Counterterrorism cases. He served in the Washington D.C., St. Louis, Anchorage, and Norfolk Field Offices, as well as FBI Headquarters tours at the Operational Technology Division and Critical Incident Response Group. He ended his career as

the Special Agent in Charge, serving his last 4 years in the Norfolk Field Office.

★ **Course Title: Transitions in Post-Mandela Southern Africa**

Date and Time: Wednesday, Oct. 20, 10:00 - 12:00

Location: TCC-Pungo Auditorium & Zoom

Course Description:

Southern Africa is rich in natural resources, such as diamonds and gold. The region has demonstrated world class engineering and scientific accomplishments. Yet, the countries face obstacles related to the aftermath of a half century of apartheid. Although there is evidence of corruption in some politicians, democracy has survived. Botswana is demonstrating impressive economic accomplishment, but internal conflict is growing in Mozambique, Zimbabwe and Swatini. This class will provide insights on the challenges and successes.

Speaker:

Ambassador Bismarck Myrick (ret.) is Ambassador-in-Residence at ODU where he teaches political science and history. Retired from the Senior Foreign Service, he served as ambassador to Liberia and Lesotho. He had a distinguished career in the United States Army and received many awards. He has co-authored a book and scores of official documents.

★ **Course Title: Taxes Throughout Retirement, We Still Have to Pay Them!**

Date and Time: Tuesday, Oct. 26, 10:00 - 12:00

Location: TCC-Pungo Auditorium & Zoom

Course Description:

Ms. Babb will help people understand how the tax code and the changes to the code and other rules could impact their financial planning and investments. She will discuss taxes in accumulation phase (saving) vs taxes in distribution phase (spending). We will discuss how tax exposure will change throughout the four stages of retirement, specifically needing a strategy that anticipates both traditional taxes AND possible taxes, surcharges, and penalties related to Social Security, Medicare, and other income.

Speaker:

Alexandra Babb is a Private Wealth Advisor at Private Advisor Group, primarily working with individuals and families, and their complex financial planning needs. As a Certified Financial Advisor™ Alex has fiduciary standing which means she puts her client's best interests first. She has over a decade of experience in the financial services industry, focusing on holistic comprehensive financial planning. She works one-on-one with clients, specifically focusing on their individual situations and coordinating goal-based investment planning with tax and estate planning, which are often overlooked.

★ **Course Title: Winning the Peace: MacArthur and the Occupation of Japan**

Date and Time: Wednesday, Oct. 27, 10:00 - 12:00

Location: TCC-Pungo Auditorium & Zoom

Course Description:

Given the bitter fighting that took place in the Pacific during World War II, the occupation of Japan was a daunting prospect. As a student of history and a veteran of the post-World War I Occupation of Germany, General Douglas MacArthur understood that great military victories often unraveled in occupations. Determined to win the post-war battle for peace, he approached the occupation with a unique blend of statesmanship, pragmatism, theatre, and a belief in the fundamental dignity and potential of the Japanese people.

Speaker:

Amanda Williams is a graduate of Randolph-Macon Woman's College with a B.A. in History and Art History. She received a MA in History from Old Dominion University. She began her career as an Archaeologist at Historic Jamestown before moving to the MacArthur Memorial in 2009 to serve as Education Manager. She is currently serving as Interim-Director of the MacArthur Memorial. She specializes in military history, intelligence studies, and women's history.

★ **Course Title: Submarine Operations in The Arctic During the Cold War**

Date and Time: Tuesday, Nov. 2, 10:00 -12:00

Location: TCC-Pungo Auditorium & Zoom

Course Description:

Capt. Dorman will relive his life as the Commander of the submarine USS Silversides (SSN679) which commenced with a successful Arctic deployment highlighted by surfacing at the North Pole on 11 October 1981. During his eight years as one of the Navy's experts on Arctic Warfare, the Navy's emphasis shifted from exploring to developing an Arctic Warfare capability. In addition, he will discuss executing submarine related research and development programs throughout the Arctic. As Officer in Charge of remote floating ice camps, he supervised many exciting events: recovery of torpedoes through up to twenty-five feet of sea ice, escorting polar bears away from manned ice camps, and submarine rendezvous at the North Pole, among others.

Speaker:

Capt. Merrill H. Dorman graduated from the U.S. Naval Academy with distinction in 1963. As an Ensign, he completed training in the Naval Nuclear Propulsion Program and Naval Submarine Program. Following many overseas deployments, he returned to Norfolk in 1989 as Commander Oceanographic System Atlantic in charge of the Undersea Surveillance System supporting the Atlantic Fleet ASW forces. Upon Navy retirement he worked for EG&G Technical Services, Inc. as a defense contractor for 19 years before full time retirement. His numerous awards include Legion of Merit (2), Meritorious Service Medal (4), and the Navy Commendation Metal. He joined the Board of Directors of the Dolphin Scholarship Foundation in 1998 and serves as Secretary-Treasurer.

★ **Course Title: Country Stores: If We Don't Have it, You Don't Need It**

Date and Time: Wednesday, Nov. 3, 10:00 -12:00

Location: TCC-Pungo Auditorium & Zoom

Course Description:

If walls could talk, the stories from the old "Country Stores" would fill a lifetime of memories. Dr. Baxter

will talk about some stores he visited throughout the globe, but will concentrate on the disappearing stores he visited throughout Virginia in the late 1970s. These amazing stores played a pivotal role in our communities with displays of local nature, like giant beehives and rattlesnakes, and were expected to support funeral supplies, court hearings, music venues, toll taking and steamship tickets, along with anything you can imagine. Come to see the width of their inventories, architecture, and memories!

Speaker:

Dr. Robert Baxter is a native of Tidewater Virginia and currently a volunteer Contact Range & Historical Interpreter with False Cape and First Landing State Parks, and the Virginia Association of Parks. He holds a Dr. of Education & Master of Education degrees from UVA, and a BA in History from ODU. Half of his graduate work was in History. He did postdoctoral work at the University of Dayton in educational technology. He was Asst. Dean & Instructor at UVA. He was formerly VP of a local technology company serving a variety of clients including NASA, DoD, State of NC, FEMA, Disney, and CMS. As Principal of Baxter Warner Assoc., he is also under contract as historical interpreter on the Nature Bus of Norfolk. He has been awarded many training related awards, including two Telly Awards for educational videos.

★ **Course Title: The Revolutionary War Mid-Atlantic Campaigns (AKA the Philadelphia Campaign) 1776-1778**

Date and Time: Thursday, Nov. 4, 1:00 - 3:00

Location: TCC-Pungo Auditorium & Zoom

Course Description:

The Revolutionary War evolved in various phases from 1775 through 1783. The Mid-Atlantic Campaigns were a series of military engagements in New Jersey, Delaware and Pennsylvania between General George Washington's fledgling and newly formed Continental Army and Lord Howe's elite, professional British Army. Howe's challenge was to suppress the rebellion and divide New England from the other colonies. Was Washington successful in stopping him? Why did he cross the Delaware

River? Randy will answer these questions and fill in the details for us.

Speaker:

Randy Flood is a co-founder and Chief executive officer of the American Revolution Consortium for civic education; a non-profit organization established to educate citizens about the American revolution with an emphasis on History, Civics, World Geography, Economics, and Historic Preservation.

★ **Course Title: Hampton Roads as an East Coast Hub for Building Offshore Wind Farm**

Date and Time: Tuesday, Nov. 9, 1:00 - 3:00

Location: TCC-Pungo Auditorium & Zoom

Course Description:

After describing the U.S. offshore wind resource and basic components of an offshore wind farm, this presentation will describe the planned buildout of nearly 30 gigawatts of offshore wind power between Cape Cod, MA, and Cape Hatteras, NC. By 2030, this buildout will encompass nearly 2,000 individual wind turbines, each reaching 830 ft above sea level, 1.5 times the height of the Washington Monument. Hampton Roads is a likely East Coast supply chain hub, where major offshore wind components will be staged for installation offshore, and where Dominion Energy will home port the nation's first U.S.-built turbine installation vessel.

Speaker:

George Hagerman is a Senior Project Scientist at Old Dominion University's Center for Coastal Physical Oceanography. Previously, he was a research faculty member at the Virginia Tech Advanced Research Institute in Hampton, where he served on the front-end engineering design team for Dominion Energy's offshore wind pilot project. He has nearly 40 years' experience working on marine renewable energy systems, including offshore wind power, wave power, tidal stream power, and ocean thermal energy conversion. He also has served on the Virginia Intergovernmental Offshore Renewable Energy Task Force since it was established by the Bureau of Ocean Energy Management in 2009.

★ **Course Title: Voice of America: Telling America's Story**

Date and Time: Thursday, Nov. 11, 10:00 - 12:00

Location: TCC-Pungo Auditorium & Zoom

Course Description:

Voice of America (VOM) was founded in 1942 to provide objective news to Germany and countries under German occupation. The first broadcast included the words, "Today comes a voice from America. The news may be good or bad; we shall tell you the truth." After the war, VOA continued to broadcast by shortwave radio to countries under Soviet domination. Today, VOA and its sibling networks reach out to countries lacking free media. Together, they reach more than 350 million persons each week in more than 50 languages.

Speaker:

Mr. Doug Boynton is the retired Director of Marketing for the federal agency that manages Voice of America and four other US government-sponsored news organizations. Before that, he was Vice President at Metro Networks, the largest provider of local content to radio and television stations in the US. He also served as News and Operations Manager at WNIS Radio in Norfolk from 1979 to 1988.

★ **Course Title: What does our Back Bay Restoration Foundation do?**

Date and Time: Monday, Nov. 15, 10:00 - 12:00

Location: TCC-Pungo Auditorium & Zoom

Course Description:

The Back Bay Restoration Foundation is a 33-year-old non-profit watershed organization to preserve, protect and improve the Back Bay National Wildlife Refuge. We will provide an overview, how to protect native and invasive species, including the nutria, growth of aquatic vegetation and marsh restoration, and translating science into policy to conserve the area.

Speaker:

Jared Brandwein, Executive Director of the Back Bay Restoration Foundation, spent his career specializing in landscape management. Most of his 40-year career was with the Federal Government with the US Fish and Wildlife Service (USFWS) both nationally and internationally. He began work on the Back Bay in the mid-1980s and was Refuge Manager from 2003 to 2012. Jared has devoted his efforts to the watershed he connected with almost 40 years ago. Also presenting will be **Sara Sweeten** and **Todd Engelmeyer**.

★ **Course Title: Unconscious Bias**

Date and Time: Tuesday, Nov. 16, 1:00 - 3:00

Location: Zoom Only

Course Description:

Research on unconscious bias shows how the brain takes shortcuts that can be informed by socialized biases. By better understanding the reality of unconscious bias, participants can then work to create inclusive and equitable environments. This session will provide practical tips and approaches that individuals can implement to make better, bias-free decisions.

Speaker:

Paula L. Bazemore is the Hampton Roads Program Manager at the Virginia Center for Inclusive Communities (VCIC). In her role, she serves as the link between VCIC and community partners through designing, facilitating, and convening diversity and inclusion workshops. While at the American Cancer Society, Paula was part of the inaugural Diversity and Inclusion Team for the Mid-Atlantic Region and is a former commissioner for the Hampton Citizens' Unity Commission.

★ **Course Title: Bringing Commercial**

Spaceflight to Reality

Date and Time: Wednesday, Nov. 17, 1:00 - 3:00

Location: Zoom only

Course Description:

Direct from New Mexico State University, Dr. Hynes will take us on a travel adventure describing her long involvement over 23 years in what is now Spaceport America, the nation's first purpose-built commercial spaceport. This was the focal point for research and education which culminated in 2009 when the New Mexico Spaceport Authority received a vertical launch license from the FAA for Commercial Space Transportation, and to the recent space trip of the Virgin Galactic spacecraft bringing us now to the fledgling spacecraft tourism industry.

Speaker:

Dr. Patricia Hynes is a graduate of New Mexico State University where she earned a Ph.D. in Business Administration, an M.S. in Higher Education Management, and a B.S. in English. She has served as director of the New Mexico Space Grant Consortium since 1998. Her research has included low-earth orbit vehicle and testing programs, micro-gravity research, deep-space exploration, and sensor networks, as well as radio astronomical observation, solar observation, and space communication. She has been involved in numerous industry and public affairs leadership roles.