



Institute for Learning in Retirement

Tidewater Community College, Princess Anne Bldg.-A Room A103

1700 College Crescent Virginia Beach, VA 23453-1918

(757)756-4861

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SCHEDULE OF COURSES FOR SUMMER 2021 *All Zoom*

ILR does not discriminate with respect to race, color, sex, religion, or national origin.

The opinions expressed by our speakers are not necessarily the opinion of ILR or Tidewater Community College

PLEASE NOTE: COVID restrictions have changed the availability of some Opportunities mentioned below.

The Institute of Learning in Retirement is a group of retirement age active seniors who are committed to life-long learning. Based at the Virginia Beach campus of Tidewater Community College, we enjoy intellectually stimulating lectures, discussion groups, social events, and trips. For a yearly membership fee, you will receive a quarterly schedule of our programs and events. Classes, trips, discussion groups, and socials require registration and payment.

There are over 300 such college-sponsored institutes and centers in the U.S., and we are one of the largest in Virginia. Our ILR began in 1993 with 15 interested members, and it now has as many as 900 active members from Virginia Beach and surrounding cities. We are housed at the Virginia Beach campus of Tidewater Community College and are in partnership with the Virginia Library system.

Membership

ILR membership is open to all who have reached retirement age without regard to race, religion, gender, color, or national origin. Volunteers interested in enriching their retirement years run the organization, with the help of two employees who see to the business of operation.

What does it cost?

ILR members pay an annual membership fee of \$20. Each class selected costs \$14 per two-hour session. The ILR social, membership, and travel events are priced accordingly.

Programs

The schedule for classes and trips is offered by quarters (Jan-Mar, Apr-Jun, Jul-Sep, Oct-Dec). Members can register for programs as soon as the schedule is mailed or posted on the ILR website. (ilrvb.org > current forms&flyers)

Members register for the classes and activities that interest them. Topics are drawn from the arts, social issues, science and technology, history and world affairs, and health-related subjects. ILR also has special interest groups that organize as members express interest. Currently we have SITESEERS, who discuss travel, and the ILR Book Group, Great Books and Great Decisions. Call the office for contact information about these groups.

Our classes are usually two-hour presentations. Each calendar quarter, ILR offers 20 to 25 different classes planned by our Curriculum Committee. Classes meet Monday through Thursday in either the morning (10-12) or afternoon (1-3). Area college and university faculty teach many of our classes, but area experts and our members deliver others. All classes are taught on the TCC Virginia Beach Campus in the Pungo (F) Building Auditorium (Room F-133), unless otherwise specified. (See Registration form for Location details.) *TCC Campus is closed. All classes are presented via Zoom.

Social and Travel Opportunities

Socializing is an important aspect of ILR. The Social Committee plans luncheons, visits to museums, and holiday events. The Membership Committee organizes periodic Lunch & Learn gatherings and New-Member Get-Togethers. The Travel Committee plans both day and overnight bus trips.

Class Cancellations

If a member cancels a class by phone, email, or drop-in at least 4 business days in advance, during business hours, 9:30-3:30p.m., M-F, the member has the choice of: transfer, account credit, or receive a refund check minus a \$2 administrative fee. For trips, the refund will vary according to the individual trip policy. (The \$2 administrative fee also applies.) The member will receive a refund check. If the ILR cancels a program, the members will receive a full refund.

Inclement Weather

When TCC is closed due to inclement weather, ILR classes are cancelled. When there is a 2-hour delay, any ILR morning class/meeting is cancelled, but any afternoon class/meeting will be held, unless members are notified. Closing and Delay Information: Local radio and TV stations (3,10, & 13); Notification on www.tcc.edu; Campus info center: (757) 822-1122; ILR Office Phone: 756-4861.

Parking at TCC (when we are back on-campus)

Parking is free. For Pungo Bldg. F, and the Student Center K, DRIVE TO Parking Lot 1 (closest to Princess Anne Rd.) and look for the orange cones. This area is reserved for ILR members. If available, a TCC security guard may be stationed at the Lot for assistance.

★ **Course Title: Tales of the Army of the Potomac**
Date and Time: Wednesday, July 7, 10:00-12:00

Course Description:

“Horrid Affair”: Military Executions in the Army of the Potomac.... This is an examination of the application of the death penalty in the Army of the Potomac, the U.S. army that executed more soldiers than any army in American history and not always in the most humane manner. “Starved and Tortured to Death”: Anguish in Civil War Prison Camps... This is an examination of the treatment of Civil War prisoners of war. “He bore his prison life bravely but has at last fallen a victim to ill treatment and starvation.”

Speaker:

Timothy J. Orr is Associate Professor of History at Old Dominion University. He earned his Ph.D. at the Richards Civil War Era Center at Penn State University and he worked for eight years as a seasonal Park Ranger at Gettysburg National Military Park. His publications include *Last to Leave the Field: The Life and Letters of First Sergeant Ambrose Henry Hayward* (University of Tennessee Press, 2011), *Never Call Me a Hero: A Legendary American Dive-Bomber Pilot Remembers the Battle of Midway*, a volume co-authored with N. Jack “Dusty” Kleiss and Laura Lawfer Orr (William Morrow, 2017), as well as several scholarly essays about the Army of the Potomac.

★ **Course Title: The Other French Officer: Comte de Rochambeau**
Date and Time: Thursday, July 8, 1:00-3:00

Course Description:

This class will review the Revolutionary War path of Rochambeau. Rochambeau was the Commander of the Second Expedition of French troops to be sent to the American colonies by Louis XVI to assist General George Washington and his Continental Army in their fight for independence from Great Britain. He is most known for the trail (the Washington-Rochambeau Revolutionary Route) traveled by Washington and Rochambeau and their armies from New York and Rhode Island, respectively, to entrap Lord Cornwallis and his British Army at Yorktown, Virginia.

Speaker:

Randy Flood is co-founder and Chief Executive Officer of the American Revolution Consortium for Civic Education, a Nonprofit organization established to educate citizens about the American Revolution with an emphasis on History, Civics, World Geography, Economics, and Historic Preservation.

★ **Course Title: Norwegian Fairy Tales and Fairy Tale Collectors**
Date and Time: Monday, July 12, 10:00-12:00

Course Description:

We will be taking a magical journey looking at the fairy tale collectors Asbjornsen & Moe whose books of folklore and imaginative creatures include *Three Billy Goats Gruff*, *East of the Sun – West of the Moon*, and other lesser known tales of trolls and giants. Included will be a folklore review, a brief history of European fairy tales, and a picture guide should you meet a Nisse or some Tuftefolk while hiking the Norwegian mountainside!

Speaker:

June Olson Cooper has a B.S. in Music Ed from Skidmore College and Master’s in Humanities from ODU. She composed music for theatre and dance, including for the Virginia Stage Company, and has written an original play, *In the Land of the Adagahi*, based in part on a Cherokee myth. She taught creative arts at the Governor’s School and ODU and has a lifelong interest in the study of myth and fairy tales. She currently owns a dance music website.

★ **Course Title: Phishing for Dollars**
Date and Time: Tuesday, July 13, 10:00-12:00

Course Description:

"Phishing for Dollars" is a program focusing on cybersecurity and to aid individuals in recognizing and reporting scams. First, Email Security Tips are discussed. The second part of the presentation focuses on Password security. Participants will learn about password security and exactly what is phishing. The final part of the presentation examines Ransomware, Malware, and Social Engineering. Participants will learn about ransomware, malware, and what social engineering is, as well as the importance of being careful to whom you give personal information and avoiding clicking on dangerous links.

Speaker:

Dr. Brian Kurisky is the Executive Director of Wesleyan Engaged at Virginia Wesleyan. He has a Ph.D. in Education from ODU and a Master’s in Education from Grand Valley State University in Allendale, MI. He created the program as part of an AARP and Council of Independent Colleges endeavor.

★ **Course Title: The Films of Steven Spielberg**
Date and Time: Thursday, July 15, 1:00-3:00

Course Description:

Jaws! E.T.! Private Ryan! This class will explore the life and work of major American film director Steven Spielberg, addressing his directorial style and contribution to film as a craft, commodity, and social force. It will look at Spielberg's biographical and cinematic influences.

Speaker:

Kathy Merlock Jackson is Professor of Communication at Virginia Wesleyan University, where she teaches courses in media studies and children's culture. She is the author of over a hundred articles, chapters, and reviews and has published ten books, four of them on Disney-related topics. She is the former editor of *The Journal of American Culture* and is currently president of the Popular Culture Association.

★ **Course Title: Redistricting: What It Is & Where We Are**

Date and Time: Monday, July 19, 10:00 -12:00

Course Description:

After every census, the states undertake redistricting and reapportionment. The process determines how district lines are drawn for those who represent us – from members of Congress all the way down to local elected officials. What is redistricting? How does the process work in Virginia and other states? What effect do the federal law and U.S. Supreme Court decisions have on this process?

Speaker:

Vivian J. Paige is a political observer and was named one of Virginia's influential politicians by *Campaigns & Elections* magazine. For a number of years, she wrote a weekly guest column on local and state politics for *The Virginian-Pilot*. She has appeared on local radio as well as local and national TV, providing a citizen's perspective on political issues of the day.

★ **Course Title: Beyond The Curb**

Date and Time: Tuesday, July 20, 10:00-12:00

Course Description:

Have you ever wondered what happens to your household waste once your cart is collected at the curb? With 450,000 residents, this course will cover how the City of Virginia Beach manages the waste from the Commonwealth's largest municipality.

Speaker:

Kristi Rines serves as the Recycling Coordinator for the City of Virginia Beach and is the City's only Certified Manager of Zero Waste Principals and Practices. Kristi's diverse background includes waste and recycling programs, commodity markets, public sector marketing, consumer habits, processing of recyclables, compost and zero waste. In addition to serving as the Recycling Coordinator, Kristi is also the Executive Director of Keep Virginia Beach Beautiful, the Public Works Liaison for the Virginia Beach Clean Community Commission and served on the Board for the Virginia Recycling Association.

★ **Course Title: "My God is Better Than Your God": The Challenges of Studying and Learning about "Other" Religions**

Date and Time: Thursday, July 22, 10:00-12:00

Course Description:

This fast-paced class quickly highlights the largest religions of the world, but then focuses on eight challenges we all face when we seek to understand any religion, but particularly one that is not our own. Join us for quick images, videos, comparisons, fun, substance, and memorable cocktail party trivia!

Speaker:

Dr. Craig Wansink received his Ph.D. in New Testament from Yale University, after graduating from seminary in Chicago, and studying at universities in Japan, Jordan, Germany, and Israel. He has been a Professor of Religious Studies at Virginia Wesleyan University, where he also serves as the chair of the Department of Religious Studies as well as the Director of the Robert Nusbaum Center. Craig also serves as the senior pastor at Second Presbyterian Church in Norfolk, and he and his wife, Nancy Chapman, have two adult children.

★ **Course Title: Pirates of the Chesapeake Bay**

Date and Time: Tuesday, July 27, 10:00-12:00

Course Description:

You know about the pirates of the Caribbean, but do you know that five of the original Jamestown settlers stole a small boat and sailed off to become pirates? Do you know that the college of William and Mary was funded by pirate booty? Do you know that an epic, six-hour battle was fought in the Lynnhaven Bay? You'll learn the difference between a pirate and a privateer, the meaning of their stylish flags, and how pirates' treasure changed over time.

Speaker:

Al Chewning is a retired Captain in the Virginia Beach Fire Department, actor, author, historian, “scaryteller”, and former pirate. He shares his house with Carol, his wife of 26 years, Callie, their golden retriever of 8 years, and Greg, the ghost that lives in their house. Al has appeared as an extra in several TV shows and movies. His four books are: *The Approaching Storm; U-boats off the Virginia Coast During World War II, Virginia Beach in Vintage Postcards, Shipwrecks of Virginia Beach* and *Haunted Virginia Beach*. He is currently working on *Shipwrecks of Virginia*, which is scheduled to be released in October of this year.



Course Title: Unconscious Bias

Date and Time: Wednesday, July 28, 1:00-3:00

Course Description:

Research on unconscious bias shows how the brain takes shortcuts that can be informed by socialized biases. By better understanding the reality of unconscious bias, participants can then work to create inclusive and equitable environments. This session will provide practical tips and approaches that individuals can implement to make better, bias-free decisions.

Speaker:

Paula L. Bazemore is the Hampton Roads Program Manager at the Virginia Center for Inclusive Communities (VCIC). In her role, she serves as the link between VCIC and community partners through designing, facilitating, and convening diversity and inclusion workshops. While at the American Cancer Society, Paula was part of the inaugural Diversity and Inclusion Team for the Mid-Atlantic Region and is a former commissioner for the Hampton Citizens’ Unity Commission.



Course Title: Prince Albert: Re-examination of the Prince Consort

Date and Time: Thursday, July 29, 10:00-12:00

Course Description:

Prince Albert is best remembered as the doting husband of Queen Victoria, who always described him as “her angel”. As Great Britain was fighting two World Wars against Germany; many historians overlooked Albert’s contribution to modern Great Britain because of his Germanness. Recently, history has revisited this husband to the Queen and discovered Albert’s contributions and role in the shaping of modern Britain.

Speaker:

Jared Setnar earned his B.A. in History and his M.S. in European History at Virginia Wesleyan. He is director of the Upper School at Chesapeake Bay Academy and teaches history there. He is also editor of the *Madison Review*; a Historical Scholarly Journal published by James Madison University.



Course Title: Heat Vulnerability and Risk in Tidewater (RE-SCHEDULING TO OCTOBER)

Date and Time: ~~Monday, August 2, 10:00-12:00~~

Course Description:

NOAA statistics show that heat kills more people on average than any other natural disaster, and yes, this includes hurricanes, tornadoes, and floods. Climate change modifies heatwaves – these events are becoming more frequent, lasting longer, and more intense. A large portion of Tidewater’s population is at risk – the elderly, individuals with pre-existing conditions, outdoor workers, tourists, and agricultural field workers. In partnership with the Science Museum of Virginia, Dr. Allen will discuss the results of a recent community-based heat assessment conducted in Norfolk designed to assess the far-reaching impact of climate and health outcomes.

Speaker:

Michael J. Allen, Ph.D. is an Associate Professor and currently serves as the Geography Program Director at Old Dominion University. Dr. Allen obtained a B.S. in Earth Science – Meteorology from California University of Pennsylvania and advanced degrees (M.A.; Ph.D.) in Geography from Kent State University. A climate scientist, his research explores how climate impacts the health, wealth, and well-being of humanity. Working to improve climate literacy, Dr. Allen has coordinated K-16 educational workshops with the Virginia Geographic Alliance and incorporates aspects of climate literacy and used the National Geographic Society Geo-Inquiry process. His research has appeared in *National Geographic*, and Dr. Allen has been interviewed by *Delmarva Today*, *TIMES*, and appeared on *WAVY-TV*.



Course Title: Isolation in the Time of Pandemic – How to Thrive

Date and Time: Thursday, August 5, 10:00-12:00

Course Description:

Being isolated from others can cause us a great deal of stress, depression, and anxiety. However, we need not suffer if we simply build a number of coping mechanisms that can keep us from feeling disconnected from others. Dr. Hankle will address how we can be flourishing and

healthy people when we need to be socially distanced from others because of this pandemic. There is a way to live life well even when it seems like the world is working against that.

Speaker:

Dominick D. Hankle, Ph.D. is an Associate Professor of Psychology at Regent University and a Minister in the Communion of Evangelical Episcopal Churches. He holds degrees in psychology, marriage and family therapy, theology, and business. He speaks, writes, and provides workshops on many topics including forgiveness, grief, discerning your life purpose, leadership, and how to live life well. He has two books currently in publication: *The Christian Vocation of Forgiveness* and *Short Essays on the Spiritual Life*. He is passionate about helping people live life well with balance, passion, and resilience, regardless of their background, and wants to see people flourish and make the world a better place.

★ **Course Title: Cities of the World**

Date and Time: Monday, August 9, 10:00-12:00

Course Description:

What is a world city? Why has Southeast Asia become an incubator of world cities? Is Singapore really more important than Chicago as a command-and-control center of globalization? Based on the most recent edition of his co-authored urban geography textbook, Dr. Zeigler will visually explore and interpret the cities of two major world regions: (1) United States and Canada, with a theme that focuses on urban skylines and tall buildings, and (2) Southeast Asia, with a theme that focuses on world cities as the drivers of globalization. Introductory remarks on the book, his photography, basic geography, and basic economics will also be included.

Speaker:

Dr. Don Zeigler is a retired Professor of Geography. He has traveled widely and has been a Fulbright scholar in Morocco. He served as president of the National Council for Geographic Education in 1997 and was president of the international honor society in geography. He has received numerous awards. His Ph.D. is from Michigan State.

★ **Course Title: Microplastics, Pollution Damage & Solutions**

Date and Time: Tuesday, August 10, 10:00-12:00

Course Description:

Join Ph.D. candidate Meredith Evans Seeley and Dr. Kirk Havens, Director of the Center for Coastal Resources

Management (CCRM), as they discuss the global plastics problem, and some solutions Virginia Institute of Marine Sciences (VIMS) is developing to address it. Meredith will focus on microplastics and the complex processes of their interactions with the marine environment, including the fish we eat. Dr. Havens will then present products he and his team have created with biopolymers to replace harmful plastics found from the land to the sea.

Speakers:

Meredith Evans Seeley is a Ph.D. candidate and Freeman Family Fellow in Marine Plastic Pollution. She came to VIMS with a passion for studying plastics after observing first-hand how pervasive plastic pollution can be traveling in the U.S. and to countries such as India, Vietnam, Sri Lanka and Indonesia. She received her Master's degree in Marine Science from The University of Texas Marine Science Institute.

Dr. Havens is the Director of the CCRM which has a mission to support informed decision-making on resource management issues at all levels of government, and private and corporate citizens. He has a B.S. in Biology and an M.S. in Oceanography from ODU, and a Ph.D. in environmental science and Public Policy from George Mason University. His research interests include tidal and non-tidal wetlands ecology, marine debris and plastic pollution among other areas.

★ **Course Title: General Nathanael Greene: Revolutionary War Advisor**

Date and Time: Thursday, August 12, 1:00-3:00

Course Description:

This class will discuss the career of General Nathanael Greene. He was one of General George Washington's most trusted advisors and field commanders during the Revolutionary War. Sent to North and South Carolina in 1780 to rebuild what was left of a broken and beaten Continental Army, he worked closely with American partisan guerilla fighters such as Francis Marion, "The Swamp Fox", and others to drain the British of their resources, attack their supply lines, and slow British efforts to occupy and control the Southern colonies.

Speaker:

Randy Flood is co-founder and Chief Executive Officer of the American Revolution Consortium for Civic Education; a Nonprofit organization established to educate citizens about the American Revolution with an emphasis on History, Civics, World Geography, Economics, and Historic Preservation.

★ **Course Title: The Astonishing Great Dismal Swamp**

Date and Time: Tuesday, August 17, 10:00-12:00

Course Description:

Be astonished to find out why George Washington, Patrick Henry, James Madison and others invested in the Great Dismal Swamp and why Edgar Allen Poe, Harriett Beecher Stowe and others were inspired by it. Learn about the hundreds of miles of canals, trails, railroad tracks and roads that pass through this wilderness. Understand how thousands of native Americans, outlaws and maroons escaping slavery lived and raised families in the nearly 200 inhabitable islands. Once the size of Rhode Island, discover the important wildlife of the ancient giant trees, some of the 334 plant species, 200 bird species and peat soils. Finally, learn how this critical environment can help us meet our climate goals and prevent sea level rise.

Speaker:

Dr. Robert Baxter is a native of Tidewater, Virginia, and currently a volunteer Contact Ranger and Historical Interpreter with False Cape and First Landing State Parks. He holds Doctorate and Master of Education degrees from University of Virginia, and a B.A. in history from ODU. He was Asst. Dean and Instructor at U. Va. He was formerly vice president of a local technology company serving a variety of clients like NASA, DoD, State of North Carolina, FEMA, Disney and CMS. He is under contract from Baxter Warner Assoc. as historical interpreter of the Nature Bus of Norfolk.

★ **Course Title: The Hidden Wonders at the Norfolk Public Library**

Date and Time: Wednesday, August 18, 10:00-12:00

Course Description:

Find out all about the wonderful (and mostly free) resources that are available at the Norfolk Public Library! Learn about the Sargeant Memorial Collection, a repository of local history that also includes records from Virginia and surrounding states. The Creative Studio has equipment ranging from laser cutters to CAD printers. Large format printers and copies are available. There are numerous databases and electronic media offerings, classes and events, as the Slover Library is among the most technologically advanced in the country. The Library offers a variety of classes and, of course, books!

Speaker:

Josette Dubois has been working in libraries for eighteen years and obtained a Master's Degree in Library Science in 2013. She has been the Adult Programs Librarian at the Slover Library for over two years.

★ **Course Title: History of Eugenics in the United States and in Virginia**

Date and Time: Thursday, August 19, 10:00 -12:00

Course Description:

This lecture will offer an overview of the eugenics movement in the United States from its beginnings at the turn of the 20th century through the end of World War II, with a special emphasis on Virginia's past and role in disseminating early eugenic beliefs. The lecture will provide an introduction to the importance of Virginia's universities, physicians, and lawmakers in advancing the goals of the eugenics movement and will explore how the modern commonwealth has wrestled with the legacy of eugenics in the present.

Speaker:

Elizabeth Catte is a writer and public historian who lives in Staunton, Virginia. She is the author of *What You Are Getting Wrong About Appalachia* (Belt Publishing, 2018) and *Pure America* (Belt Publishing, 2021), and writes frequently about history and culture for many outlets, including *The Guardian*, *Washington Post*, *Boston Review* and *The Nation*. Catte earned a Ph.D. in public history from Middle Tennessee State University and is also an editor-at-large for West Virginia University Press and the co-founder of Passel, a historical consulting firm.

★ **Course Title: Digital Technology & Social Development**

Date and Time: Monday, August 23, 10:00 -12:00

Course Description:

Digital technologies can increase communications worldwide by enabling inclusion and human interaction, providing wider access to education, health and other social services. These opportunities need to be guaranteed by a quick adaptation of rules and policies. This presentation will discuss both the benefits and risks of the Digital Revolution for social development, the issues of access and digital literacy, the demands for digital inclusiveness and the needs for a new governance framework to harness technology for the common good.

Speaker:

Maria Fornella is a Representative of Soroptimist International at the United Nations. Originally from Uruguay, she taught International Politics and directed the Model United Nations Program at Old Dominion University for 23 years. Maria holds a degree in International Law from the University of Republic of Uruguay and a Master's degree in International Politics from Old Dominion University. She is fluent in several languages. In her current position she focuses on Social

Development and is co-chair of the NGO Committee on Social Development.

★ **Course Title: Partners in War: Wives of America's Senior Military Leaders**

Date and Time: Thursday, August 26, 10:00 -12:00

Course Description:

Most military history focuses on the battlefield and on key leaders. An emerging field of military history focuses on the role of the spouses of senior military leaders. From Martha Washington to Jean MacArthur, the wives of America's senior military leaders have played an important role in their husbands' careers, while also serving as unofficial diplomats, fundraisers, intelligence agents, and advisors. While not in uniform, the "service" of these women was indispensable and quite remarkable.

Speaker:

Amanda Williams is a graduate of Randolph-Macon Woman's College with a B.A. in History and Art History. She received an M.A. in History from Old Dominion University. She began her career as an Archaeologist at Historic Jamestown before moving to the MacArthur Memorial in 2009 to serve as Education Manager. She is currently serving as Interim-Director of the MacArthur Memorial and specializes in military history, intelligence studies, and women's history.

Photography: The ILR reserves the right to take photographs or videos during the operation of any program or part thereof and to use them, whether taken by a representative of the ILR or by other participants, for promotional purposes. By enrolling in an ILR program, participants agree to allow their images to be used in such photography; participants who prefer that their images not be used are asked to identify themselves to program staff and the photographer at the commencement of their program.

In-Person Social Event

Great Bridge Battlefield and Waterways
Museum Tours

Wednesday, June 16, 10 a.m.-noon

Registration Deadline: Tuesday, June 15

See Flyer for Details

From Your Travel Committee:

Tired of sitting around the house?
Ready to do some exploring?

Then mark your calendar for September 23, 2021, for a day trip to Charlottesville, VA.

Visit Thomas Jefferson's Monticello, experience a colonial lunch at Michie Tavern, roam the grounds of the University of Virginia with a historical guide, and finish the day with some delicious Virginia wine. (Proof of full Coronavirus vaccination will be required, the bus capacity will be limited to 40, and masks must be worn.)

Registration Deadline: Friday, August 6th

See Flyers for Details