

2022-23 Board Member Biographies

LINDA DYE – President

Linda is an Ohio native where she earned a Bachelor of Music from Miami University and a Master of Music from Bowling Green State University. She taught band for 35 years in the public schools and a college in Ohio, Chesapeake and Virginia Beach and held several administrative positions in the Virginia Band and Orchestra Directors Association.

Linda and husband, Ed, have lived in Virginia Beach since 1978. They have two grown children who reside in Palo Alto, CA and Richmond, VA, along with three grandchildren. Ed and Linda have been members of ILR for twelve years, during which time she has served as ILR President (2021-22), Vice President (2020-21), the Zoom Coordinator and co-chair of the Publicity Committee.

BARBARA STOKEY – Vice President

Barbara was born in Petersburg and graduated from Longwood College in 1973. She received her MA in Reading from Old Dominion University in 1978. She taught in Portsmouth Public Schools and started work as an Educational Diagnostician in the Psychological Services Department of Chesapeake Public Schools. In 1990, she moved within the school system to Norfolk Highlands Primary as a Reading Specialist until retirement in 2008.

Barbara was married for 33 years, becoming a widow in 2015. She then began a flurry of global travel. In June, 2017, she joined ILR. Barbara has thoroughly enjoyed all attended classes, along with several social events. She has met numerous new wonderful people. Barbara has served on the ILR Board as Vice President (2021-22) and a Member-at-Large (2019-21).

ARLENE INGRAM – Secretary

Arlene has been a member of ILR for eleven years following a 35-year career in education as the assistant head of school and director of college counseling at Cape Henry Collegiate School. After graduation from college, in the dark ages, Arlene did what most women could do at that time, she married John and then went into the field of education for five years (until they made her quit when she was pregnant). Then two darling, adorable babies (now fully launched, independent adults) consumed her time; that is, when she wasn't finishing her master's degree, one course at a time. The Ingrams were broke so Arlene went back to work and landed in a job that she dearly loved, counseling students for college. While working this high pressure, demanding job, she was also very active in her professional organizations serving in every leadership capacity possible (Treas., Sec'y, VP, Pres, etc. etc.) earning nice recognitions along the way (that are now in the closet).

As an ILR member, Arlene has served on the Curriculum Committee and as member and chair of the Travel Committee. She has enjoyed mentoring leaders to ensure that an organization stays strong and healthy. Arlene served as ILR Secretary this past year and looks forward to serving next year.

SANDRA (Sandy) FALLON – Treasurer

Sandy was born in Kansas and then moved to Lexington, Kentucky with her family when she was in middle school. After receiving a BA degree in Math, she studied Accounting and Business and obtained a license as a CPA. She worked for 6 years in local accounting firms developing a specialty in bank auditing and taxes. She then spent 12 years performing various accounting and finance functions for a regional banking organization.

After moving to Virginia Beach, she made a career move to support and development of accounting and financial software. She retired after a rewarding “second” career of 18 years. Sandy and her husband enjoy traveling with a goal of visiting each state in the U.S. and each continent on the globe. Sandy joined ILR in 2016 and has enjoyed learning more about many interesting topics. She has served as the ILR Treasurer for the last 3 years.

KENNETH (Ken) CHASTAIN – Member-at-Large

Ken has a BA in History from the University of North Alabama and an MA in International Affairs from Florida State University. He served over 40 years as an Army Military Intelligence Officer and Army civilian. Ken had multiple assignments in the US and overseas, including with the Defense Intelligence Agency (DIA), US Central Command (during the Gulf War), and US European Command (Germany). He retired from the Pentagon in 2017 as the Army G-2 Senior Analyst for Europe.

Ken and his wife Anita have been married for over 24 years. Anita grew up in Newport News and has a BA in Interior Design from Virginia Commonwealth University. They moved from Alexandria to Virginia Beach in 2017, and she recently retired from the American Red Cross National Headquarters. They are active in their church, where Ken is a Deacon and Sunday School teacher and Anita is a Greeter. Their other interests include travel, reading, and board games. Ken began serving as a Member-at-Large for 2021-22 and is also now the Zoom Coordinator.

LAURA BECKWITH – Member-at-Large

Laura was raised in Farmington, Connecticut, graduated from Bates College in Maine with a Bachelor of Mathematics degree, and earned a Masters in Mathematics from Clark University in Worcester, Massachusetts. Then married, she moved to Holden, Massachusetts, where she lived until 2017. She spent two years programming computers for a local bank, leaving that job when her son was born. She then became a Mathematics teacher at Wachusett Regional High School in Holden, a position she held for 37 years. As part of that job, she was privileged to grade Advanced Placement Calculus tests for six summers.

For recreation, she took up running competitively, which she did for 30 years, and also became part of the trail-clearing and maintenance crew for the Central Mass. Rail Trail organization. After retirement in 2007, she started travelling with tour groups, one trip each year, usually abroad, until 2017. That year the “trip” became a move to Virginia Beach to be near her son and daughter-in-law, who live in Chesapeake. She started attending ILR classes in 2017 and has enjoyed learning about many interesting topics and exploring local sites with ILR. She and her husband, Dave, were together until his passing in 2005.