



Institute for Learning in Retirement
Tidewater Community College, Princess Anne Bldg.-A Room A103
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SCHEDULE OF EVENTS FOR WINTER 2022 – TCC & ZOOM

ILR does not discriminate with respect to race, color, sex, religion, or national origin.

The opinions expressed by our speakers are not necessarily the opinion of ILR or Tidewater Community College

PLEASE NOTE: COVID restrictions have changed the availability of some Opportunities mentioned below.

The Institute of Learning in Retirement is a group of retirement age active seniors who are committed to life-long learning. Based at the Virginia Beach campus of Tidewater Community College, we enjoy intellectually stimulating lectures, discussion groups, social events, and trips. For a yearly membership fee, you will receive quarterly schedules of our activities. Classes, trips, discussion groups, and socials require registration and payment.

There are over 300 such college-sponsored institutes and centers in the U.S., and we are one of the largest in Virginia. Our ILR began in 1993 with 15 interested members, and has had as many as 900 active members from Virginia Beach and surrounding cities. We are housed at the Virginia Beach campus of Tidewater Community College and are in partnership with the Virginia Library system.

Membership

ILR membership is open to all who have reached retirement age without regard to race, religion, gender, color, or national origin. Volunteers interested in enriching their retirement years run the organization, with the help of two employees who see to the business of operation.

What does it cost?

ILR members pay an annual membership fee of \$20. Each class selected costs \$14 per two-hour session. The ILR social, membership, and travel events are priced accordingly.

Programs

The schedule for classes and trips is offered by quarters (Jan-Mar, Apr-Jun, Jul-Sep, Oct-Dec). Members can register for programs as soon as the schedule is mailed or posted on the ILR website. (ilrvb.org > current forms&flyers)

Members register for the classes and activities that interest them. Topics are drawn from the arts, social issues, science and technology, history and world affairs, and health-related subjects. ILR also has special interest groups that organize as members express interest. Currently we have SITESEEERS, who discuss travel, and the ILR Book Group, Great Books and Great Decisions. Call the office for contact information about these groups.

Our classes are usually two-hour presentations. Each calendar quarter, ILR offers 20 to 25 different classes planned by our Curriculum Committee. Classes meet Monday through Thursday in either the morning (10-12) or afternoon (1-3). Area college and university faculty teach many of our classes, but area experts and our members deliver others. **All classes are taught on the TCC Virginia Beach Campus in the Pungo (F) Building Auditorium (Room F-133), and/or Zoom** unless otherwise specified. (See Registration form for Location details.)

Social and Travel Opportunities

Socializing is an important aspect of ILR. The Social Committee plans luncheons, visits to museums, and holiday events. The Membership Committee organizes periodic Lunch & Learn gatherings and New-Member Get-Togethers. The Travel Committee plans both day and overnight bus trips.

Class Cancellations

If a member cancels a class by phone or email at least 4 business days in advance, during business hours (9:30-3:30p.m., M-F), the member may choose either a full-value account credit or a refund check minus a \$2 administrative fee. For trips, the refund will vary according to the individual trip policy. (The \$2 administrative fee also applies.) The member will receive a refund check. If the ILR cancels a program, the members will receive a full refund.

Inclement Weather

When TCC is closed due to inclement weather, ILR classes are cancelled. When there is a 2-hour delay, any ILR morning class/meeting is cancelled, but any afternoon class/meeting will be held, unless members are notified. **Closing and Delay Information:** Local radio and TV stations (3,10, & 13); Notification on www.tcc.edu; Campus info center: (757) 822-1122; ILR Office Phone: 756-4861; ILR website: ilrvb.org.

Parking at TCC (when we are back on-campus)

Parking is free. For Pungo Bldg. F, and the Student Center K, DRIVE TO Parking Lot 1 (closest to Princess Anne Rd.) and look for the orange cones. This area is reserved for ILR members. *If available*, a TCC security guard may be stationed at the Lot for assistance.

Dear ILR Members,

As we prepare for the return of our January & February classes to the Tidewater Community College Virginia Beach Campus, Pungo Building Auditorium, please be aware of the following:

Covid Protocols: ILR will be following all CDC, State and TCC Covid protocols that are applicable at the time of the classes. In addition, the Pungo Auditorium is large enough to allow plenty of social distancing and TCC will do COVID-level cleaning between classes. Your health is our primary concern and we will provide email updates as they become available.

Types of Class Presentations: During this time of transition, ILR plans to offer the following class presentation options, based on the speaker's availability. To determine how your chosen class will be presented, check the "Location" line of the class descriptions given in this schedule. Also, on the Registration form, the "Location" column will show either "TCC-Z" or "Zoom Only".

- ❖ **TCC/Zoom:** (TCC-Z) These classes will be offered in-person in the TCC Pungo Auditorium AND on Zoom simultaneously. The speaker will be at TCC. Zoom participants will be able to see the speaker's slides and hear the speaker. The speaker may walk away from the limited scope of the camera, so their face may not be visible all of the time. Questions may be asked through Zoom or in-person. The Zoom link will be sent to **all** who register. **Each Member** may decide which method of class attendance is preferred. You do not need to notify the office in advance of your choice, simply plan to be either at TCC or at your computer before class begins.
- ❖ **Zoom Only:** These classes will **only** be offered via Zoom. Registered members will be sent a Zoom link to access the class.

Face Coverings: TCC requires face coverings inside buildings, especially in common areas where physical distancing is difficult (hallways, restrooms, breakrooms) and in classrooms, libraries and labs.
{Taken from tcc.edu. Look for orange banner at top of page.}

Photography: The ILR reserves the right to take photographs or videos during the operation of any program or part thereof and to use them, whether taken by a representative of the ILR or by other participants, for promotional purposes. By enrolling in an ILR program, participants agree to allow their images to be used in such photography; participants who prefer that their images not be used are asked to identify themselves to program staff and the photographer at the commencement of their program.

Amazing Classes Await. Let the Fun Begin!!



Course Title: In the Eye of a Hurricane: From Mao's Art Soldier to Dissident

Date and Time: Monday, January 10, 10:00 - 12:00

Location: TCC Pungo Auditorium and ZOOM

Course Description: Shaomin Li narrates how in Mao's China his personal experience took unexpected turns when China dramatically transformed politically, economically, and culturally, and how in reacting to these overwhelming changes he evolved from the role of artist to student activist, businessman, political prisoner and academic. The lecture will conclude with an outlook on China under Xi Jinping and the rivalry between the U.S. and China.

Speaker: Dr. Shaomin Li is Eminent Scholar and Professor of International Business at ODU. He studies the global environment of business with a focus on the governance environment in changing societies. He has written for Harvard Business Review, Wall Street Journal, Financial Times and the New York Times, as well as The Economist.



Course Title: The Mariners' Museum and Park: Then and Now

Date and Time: Tuesday, January 11, 10:00 - 12:00

Location: TCC Pungo Auditorium and ZOOM

Course Description: The Mariners' Museum and Park continues to connect people to the world's waters since its inception in 1930. From a creek to a lake and from one small room to over 90,000 square feet of gallery space, explore the history of the #1 attraction in Newport News through photographs. Then, hear about what's going on at the museum in the present and beyond!

Speaker: Erika Cosme is the Content & Interpretation Developer in the museum's Department of Interpretation. She enjoys teaching a variety of topics, especially those about ancient Mediterranean civilizations and cultures. Presently, her role at the museum includes research and development of content used to create exhibitions; youth and adult programs, both online and in-person; and in-gallery storytelling of the museum's objects and collections.

Brock Switzer has served as Digital Imaging Specialist and Photographer at The Mariners' Museum and Park since 2015. He is responsible for the digitization and photography of the museum's collections.



Course Title: Patrick Henry, the "Voice of the American Revolution"

Date and Time: Thursday, January 13, 1:00 - 3:00

Location: TCC Pungo Auditorium and ZOOM

Course Description: Patrick Henry was Governor and a Member of the Virginia House of Delegates on multiple occasions. Known for his famous "Give Me Liberty or Give Me Death" speech at St. John's Episcopal Church in Richmond on March 23, 1775, during the 2nd Virginia Convention, Henry continued to be an effective "Firebrand" during the months that led up to the first engagements between American colonists and British soldiers. After opposing Ratification, Henry eventually yielded to the will of the majority and supported President George Washington's Administration. Who was Patrick Henry? Did he really say "Give Me Liberty or Give Me Death"?

Speaker: Randy Flood is co-founder and Chief Executive Officer of the American Revolution Consortium for Civic Education; a nonprofit organization established to educate citizens about the American Revolution with an emphasis on History, Civics, World Geography, Economics and Historic Preservation.



Course Title: Cities of Europe

Date and Time: Tuesday, January 18, 10:00 -12:00

Location: TCC Pungo Auditorium and ZOOM

Course Description: European cities are among the most recognizable in the world. Almost all contain microworlds that enable residents and visitors to journey back centuries into the continent's urban past. They also offer glimpses of an urban future distinctly different from what appears to be North America's (or Asia's) urban future. European cities are forging a path of their own; they place a high priority on maintaining and enhancing a *sense of place*, and they invest in strategies that support both the environmental and social sides of *sustainable urbanism*. The twin themes of place-making and sustainability are woven together into the fabric that makes European cities the "gold standard" for quality-of-life assessments.

Speaker: Dr. Don Zeigler is a retired Professor of Geography. He has traveled widely and has been a Fulbright scholar in Morocco. He served as president of the National Council for Geographic Education in 1997, and was president of the International Honor Society in Geography. He has received numerous awards. His Ph.D. is from Michigan State.



Course Title: How to reduce the risk in the current pandemic and of future pandemics emerging.

Date and Time: Wednesday, January 19, 10:00 - 12:00

Location: ZOOM only

Course Description: This lecture will provide a thorough comparison of risk perception and risk governance related to the current pandemic with the perception and governance of other risks (e.g., car accidents, health impacts from pollution including smoking, guns). The lecture will discuss potential future sources of pandemics (including our industrial food production) and assess our risk governance for these potential existential risks. This will provide an opportunity to consider the cognitive biases that are at the base of what recently has been denoted as the Champlain Towers South syndrome.

Speaker: Dr. Hans-Peter Plag has developed an undergraduate and graduate program in Sustainability and Conservation Leadership at MARI at ODU. Risks associated with natural and anthropogenic hazards, including those that can lead to pandemics, are researched and assessed in the frame of this program, and the role of cognitive biases in risk perception and risk governance is emphasized.



Course Title: Where Do You Come From?

Date and Time: Thursday, January 20, 10:00 - 12:00

Location: TCC Pungo Auditorium and ZOOM

Course Description: Have you wondered about your ancestors and their struggles and successes? Or have you been curious about taking a DNA test or about how to interpret your DNA test results? Spend some time with Kelly as she explains why the study of our lineages is so valuable, what you can learn from your ancestors, and why the DNA test kits are full of surprises. The greatest gift you can pass along to your descendants and relatives is to teach them about your family's rich past, so sit back and be inspired to record everything you know about your family's history.

Speaker: Kelly L. McMahon, CG® is a Norfolk, Virginia, native and a graduate of the College of William and Mary. Kelly is a Board-Certified Genealogist (CG®), and she works full-time for Ancestry.com ProGenealogists as their Colonial Virginia genealogist. Kelly's research interests include Colonial Virginia records and lineages from 1607 to the War of 1812, Jamestowne lineages, and tax records. Kelly is a member of the Daughters of the American Revolution and the Jamestowne Society. Kelly is a 15th-generation Virginian, and her ancestors had a thing for bacon.



Course Title: The Norfolk Seventeen

Date and Time: Monday, January 24, 10:00 - 12:00

Location: TCC Pungo Auditorium and ZOOM

Course Description: The desegregation of public schools in Virginia began on February 2, 1959, in Norfolk, with the entrance of seventeen black high school students into a previously all-white student body.

Speaker: Cecelia Taliaferro Tucker has been assistant to the president for community relations at Old Dominion University since 1991. After graduating Virginia Union University with a B.S. and a M.S. degree from Michigan State University, she taught biology at Booker T. Washington High School in Norfolk. She is widely recognized as a community leader and has held state appointments by Governors Dalton and Robb. She is currently a Board Member of a number of civic organizations.

Patricia Turner was one of the intrepid Norfolk Seventeen. She worked as a nurse and continued her education earning a B.S. in mathematics and an M.S. in education and took classes toward a Ph.D. at William and Mary. She taught until retirement in 2008. For her work as an educator, she received many accolades and awards.



Course Title: What Does Climate Change Look Like?

Date and Time: Tuesday, January 25, 10:00 - 12:00

Location: ZOOM only

Course Description: Course will discuss National Weather Station Wakefield background information, as well as look at some basic climate information, ranging from teleconnections and the El Nino Pattern to the basics around climate change. The course will explore some elements of measuring and quantifying climate change, including some tools for monitoring in real time.

Speaker: Michael Montefusco is a Senior Meteorologist at the National Weather Service in Wakefield, VA. He is the office outreach program leader, the Marine Weather Program Manager and SKYWARN coordinator.



Course Title: Kiwis and Kangaroos

Date and Time: Wednesday, January 26, 10:00 - 12:00

Location: TCC Pungo Auditorium and ZOOM

Course Description: Take a closer look at Australia/New Zealand and the historical development of the plants and animals in these unique ecosystems. Michael will also show you scenery from the various localities and highlight some of the unusual plants, art, food, and other cultures that made his visit interesting. (Come join the tour without the 20-hour plane rides! :)

Speaker: Michael Andruczyk began working as the Virginia Cooperative Extension Agent in Horticulture for Chesapeake in January of 2005 and was promoted to Senior Extension Agent in Horticulture in July of 2019. He had worked at the Norfolk Botanical Garden in July of 1993, first as the Nursery/Greenhouse Supervisor, then Supervising Horticulturist and lastly as the Curator of Plant Collections. He has an M. S. degree in Public Horticulture Administration from the University of Delaware-Longwood Graduate Program and a B.S. degree in Agriculture from the University of Wisconsin-Madison - field of Horticulture with production and technology option.



Course Title: Diseases That Changed History

Date and Time: Tuesday, February 1, 10:00 - 12:00

Location: TCC Pungo Auditorium and ZOOM

Course Description: Infectious diseases, maybe only an airplane flight away, can influence the course of human events: What disease contributed to the prevalence of sheep we see today in the pastures of England? What sickness did the early Spanish adventurers bring back from the new world? Do you know the infection used as a biological weapon during the French and Indian War? What illness helped save Paris during the second Battle of the Marne in World War I? Physician-author Robert B. Taylor, M.D., will answer these questions and more as he describes *Diseases That Changed History*.

Speaker: Robert B. Taylor, M.D., is Professor Emeritus at the Oregon Health & Science University School of Medicine and Professor at Eastern Virginia School of Medicine in Norfolk. After Temple University School of Medicine, he trained at the U. S. Public Service Hospital in Norfolk. He practiced family medicine in New Paltz, New York, for 14 years. In 1978, he joined Wake Forest University School of Medicine in Winston-Salem, NC. In 1984, Dr. Taylor moved to Oregon and served as Chairman of the Family Medicine Department of the OHSU School of Medicine. He is the author/editor of 33 medical books.



Course Title: Portraits from the Chrysler

Date and Time: Tuesday, February 8, 10:00 - 12:00

Location: TCC Pungo Auditorium and ZOOM

Course Description: You will meet some interesting people when Maureen Harmes brings us her presentation on Portraits from the Chrysler. Who has dressed to impress? What have artists included to help us get to know them? What can shoes or a belt tell us about life as a Roman Emperor or a Mayan lord? Do you have to be an emperor or a lord to get your portrait in the Chrysler? In her presentation, Maureen Harmes will discuss what makes a portrait and what kind of details and clues we can look for.

Speaker: Maureen Harmes is a master docent at the Chrysler Museum of Art. Her interest in art began when she and her husband lived in Europe, where they explored one museum after another. She continued to deepen her knowledge of art and art history through university coursework and by joining the docent program at the Chrysler Museum.



Course Title: The “Father of the United States Navy”

Date and Time: Thursday, February 10, 1:00 - 3:00

Location: TCC Pungo Auditorium and ZOOM

Course Description: John Paul Jones is often referred to as the “Father of the United States Navy.” He is certainly better known than almost any other Naval officer who served the American cause during the American Revolution. This class will explore Jones’ career from his early years in the new American Navy through his numerous naval engagements, most notably between his BONHOMME RICHARD and the British warship, HMS SERAPIS, in the English Channel in September 1779, and after-the-war service in Catherine the Great’s Russian Navy. Who was John Paul Jones? Was he really the Naval hero that Americans have come to believe? What really were his contributions to the American cause for Independence? Learn the answers to these and other questions at this presentation.

Speaker: Randy Flood is co-founder and Chief Executive Officer of the American Revolution Consortium for Civic Education, a nonprofit organization established to educate citizens about the American Revolution with an emphasis on History, Civics, World Geography, Economics and Historic Preservation.



Course Title: See Jane Run

Date and Time: Monday, February 14, 10:00 - 12:00

Location: TCC Pungo Auditorium and ZOOM

Course Description: Women fundamentally shape American elections. We will look at historical context to make predictions or observations about the role of women in American politics today. An unprecedented number of women have run for office in recent elections and women voters continue to outnumber men. What drives women to run for office and what factors make women less likely to run than their counterparts? How have female voters affected elections historically and recently? What makes our contemporary environment unique for women in America and what factors represent continuing trends?

Speaker: Dr. Leslie Caughell is Associate Professor of Political Science and Gender and Women’s Studies at Virginia Wesleyan University where she teaches courses in American Politics and political theory. Her research centers on demographic and environmental factors that shape political attitudes. Author of *The Political Battle of the Sexes*, she has been an expert source and commentator for media outlets.



Course Title: Fish, Extreme Heat and Wild Rhinoceros in a Nepal Expedition

Date and Time: Tuesday, February 15, 10:00 - 12:00

Location: TCC Pungo Auditorium and ZOOM

Course Description: In 2019 a team of fisheries biologists from Virginia Institute of Marine Sciences (VIMS), led by Professor Dr. Mary Fabrizio, traveled to Nepal to study the country’s freshwater fishes. Their goal was to understand how national parks – primarily designed to protect large land animals – may also protect fish habitats and diversity. Along the way, they learned a great deal about the rewards and challenges associated with conducting international research. Join us as Dr. Fabrizio provides a first-hand account of the expedition - from extreme heat to wild rhinoceros encounters - and what they hope to discover with the information they gathered.

Speaker: Dr. Mary Fabrizio is a Professor and Department Chair in the Fisheries Science Department at the Virginia Institute of Marine Science. She was born in Buenos Aires, Argentina, and grew up in and around New York City. She received an undergraduate degree in Biology from Fordham University and completed her Ph.D. in Biological Oceanography at the University of Rhode Island. Her research interests focus on the relationship between fish and their habitats. Mary was the first female professor, and subsequently the first female department chair, within the fisheries science department at VIMS. She also served as the 7th female president of the American Fisheries Society from 2007-2008.



Course Title: A Brief Introduction to 5G

Date and Time: Wednesday, February 16, 10:00 - 12:00

Location: TCC Pungo Auditorium and ZOOM

Course Description: The first generation of mobile networks was introduced in the 80s and designed for analog voice transmissions. Showing one of the fastest evolution paces in the history of technology, in the last 40 years the mobile networks transitioned from analog to digital voice, introduced mobile data and then expanded to delivery of mobile services. This presentation will start with an overview of the history of mobile networks from the first generation to the emerging 5G technology. Then will focus on the technical background that differentiates 5G from previous generations, the economic impact and applications range of 5G systems, as well as future trends in mobile network technologies.

Speaker: Otilia Popescu, Ph.D., is an associate professor at Old Dominion University, and serves as the Program Director of the Electrical Engineering Technology Program. She received the Engineering Diploma and M.S. degree from the Polytechnic Institute of Bucharest, Romania, and a Ph.D. from Rutgers University, NJ, all in Electrical and Computer Engineering. While at Rutgers, her research was conducted at WINLAB in the area of wireless communications. Her research interests are in the general areas of communication systems, control theory, signal processing and engineering education.



Course Title: The Secret Societies at the University of Virginia and Other Universities

Date and Time: Monday, February 21, 10:00 - 12:00

Location: TCC Pungo Auditorium and ZOOM

Course Description: This presentation shares information I have learned over the years about some of the secretive organizations as a young Assistant Dean of Students and later. Included will be information from Norfolk's own Dr. Larry Sabato, at one time the youngest full professor at UVA, who wrote about these societies. This will be a lively tale about student hijinks, philanthropy, social hierarchy, traditions and institutional history, and some intriguing rumors.

Speaker: Dr. Robert Baxter is a native of Tidewater Virginia and currently a volunteer Contact Ranger & Historical Interpreter with False Cape and First Landing State Parks, and the Virginia Association of Parks. He holds a Dr. of Education & Master of Education degrees from UVA, and a BA in History from ODU. Half of this graduate work was in History. He did his postdoctoral work at the University of Dayton in educational technology. He was Asst. Dean & Instructor at UVA. He was formerly VP of a local technology company serving a variety of clients including NASA, DoD, State of NC, FEMA, Disney, and CMS. As Principal of Baxter Warner Assoc., he is also under contract as historical interpreter on the Nature Bus of Norfolk. He has been awarded many training-related awards, including two Telly Awards for educational videos.



Course Title: COVID-19 and its Impact on Elder Abuse and Cybercrime

Date and Time: Wednesday, February 23, 10:00 - 12:00

Location: TCC Pungo Auditorium and ZOOM

Course Description: With more seniors experiencing the emotional impacts of isolation due to the coronavirus pandemic, offenders are monopolizing on new and varied opportunities to manipulate and cheat seniors out of valuable information, their identities and money. This seminar will examine some of the scams and tactics used by criminals to take advantage of older persons. Specific attention is given to the way that cybercrimes targeting seniors increased during the pandemic. Strategies to promote safety in the online environment are suggested.

Speaker: Brian K. Payne is vice provost for academic affairs and professor of sociology and criminal justice at Old Dominion University. He also serves as the director of the Coastal Virginia Center for Cyber Innovation. He is the author or co-author of eight books including *Crime and Elder Abuse: An Integrated Perspective*, *Crime in the Home Health Care Field*, and *White Collar Crime: The Essentials*.

Tancy Vandecar-Burdin is director of the Social Science Research Center at Old Dominion University. Her areas of expertise include program evaluation and survey methodology. She leads the annual Quality of Life in Hampton Roads survey.



Course Title: Charting Your End-of-Life Journey

Date and Time: Thursday, February 24, 10:00 - 12:00

Location: TCC Pungo Auditorium and ZOOM

Course Description: We will begin with a brief description of the Compassion and Choices Organization, then discuss documents like Advanced Directives and Dementia Provisions, as well as appointing a health care advocate. We will look at some resources and talk about the importance of discussing your end-of-life wishes and priorities with your family, friends, and your medical provider. The bulk of the presentation will be related to a discussion of medical aid in dying. Aid in dying is currently available in 11 jurisdictions in the United States. We will talk about what it is, who qualifies, the safeguards built into the laws and where Virginia is in the movement.

Speaker: Judy Welp is a Social Worker by training, with over 40 years of experience in a variety of settings. After being one of the primary care givers for her sister when she died from lung cancer, she came to understand the difference between a good death and a bad death. Judy knows we all hope for a good death, but we need to do certain things to increase the chances that will happen for us. She is an independent person who has planned and directed her own life's journey and sees no reason why that direction should not continue into the final chapter.